

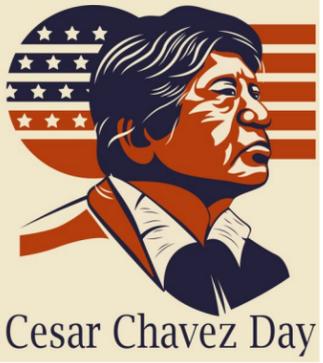


HUMAN SERVICES

APRIL

Comanche Nutrition Center
2600 Rigsby,
San Antonio, 78222
512-676-0286

Monday- Friday 8am-12pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Closed for Cesar Chavez Day!  Cesar Chavez Day	2 8:00 Social Hour 10:00 BINGO 11:00 Lunch	3 8:00 Social Hour 9:00 Movie The Kings Speech 11:00 Lunch	4 8:00 Social Hour 9:00 Karaoke 11:00 Lunch  10:30-11:30	5 8:00 Social Hour 9:00 Loteria 11:00 Lunch
8 Solar Eclipse Day 8:00 Social Hour 9:00 Chair Volleyball 11:00 Lunch	9 8:00 Social Hour 10:00 BINGO 11:00 Lunch	10 8:00 Social Hour 9:00 Movie Driving Miss Daisy 11:00 Lunch	11 8:00 Social Hour 9:00 Arts and Crafts 11:00 Lunch	12 8:00 Social Hour 9:00 BINGO 11:00 Lunch
15 8:00 Social Hour 9:00 Board Games 11:00 Lunch	16 8:00 Social Hour 10:00 BINGO 11:00 Lunch	17 8:00 Social Hour 9:00 Movie Saving Mr. Banks 11:00 Lunch	18 8:00 Social Hour 9:00 Wii Games 11:00 Lunch	19 8:00 Social Hour 9:00 Loteria 11:00 Lunch
22 8:00 Social Hour 9:00 Chair Volleyball 11:00 Lunch	23 8:00 Social Hour 10:00 BINGO 11:00 Lunch	24 8:00 Social Hour 9:00 Movie Julie and Julia 11:00 Lunch	25 8:00 Social Hour 9:00 Arts and Crafts 11:00 Lunch	26 Closed for Fiesta San Jacinto Day! 
29 8:00 Social Hour 9:00 Board Games 11:00 Lunch	30 8:00 Social Hour 10:00 BINGO 11:00 Lunch	1	2 (Note: Calendar subject to change without advance notice) 	3
See back of the calendar for more class information				

In Person Fitness Classes

Moved to D2 on Fridays
8:30am - 9:15am

Field Trips

◇ **April 8**

◇ Eclipse observance at Comanche Park

Center Closures

◇ **April 1**

◇ Cezar Chavez Observance

◇ **April 26**

◇ Fiesta San Jacinto Day

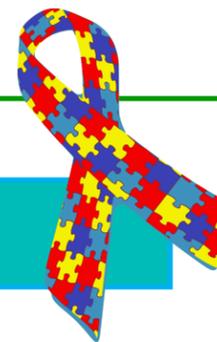
WellMed Nurse

First Thursday of the month from
10:30 am - 11:30 am

HAVE LUNCH WITH US!

Hot Meals are served Monday
through
Friday from 11:00am-11:30am
in the
Nutrition Area.

Meal tickets can be picked up
between
8:00am-11:00am (or until all
tickets have been
issued out).



April is Autism Awareness Month!!

Autism Awareness Month was founded in April 1970 by Bernard Rimland, Ph.D., a psychologist and autism researcher. He chose the month of April to coincide with his son's birthday, as well as the start of spring—a time for new beginnings.

In April 1988, President Ronald Reagan issued the first presidential proclamation declaring April as National Autism Awareness Month. This was significant progress and began a new era of awareness, which opened opportunities for people with autism to live fuller and more productive lives.

The Puzzle Piece has become an internationally recognized symbol of power, strength, hope, and unity for those affected by autism spectrum disorders (ASDs). The puzzle piece was first introduced in 1963 by the National Autistic Society as part of their logo. The Puzzle Piece symbolizes the complexity of ASDs and reminds us that we are all interconnected.

Autism Speaks is a global organization that works tirelessly to educate and support individuals living with autism. In 2004, they launched the Light It Up Blue campaign to bring awareness to autism. The goal was simple: get everyone worldwide—from businesses and schools to homes and public places—to light up blue in honor of Autism Awareness Month.