



April 2026



Harlandale @ Briar



7227 Briar Pl
San Antonio,
TX 78221

SENIOR NUTRITION
SITE
MONDAY –
FRIDAY
8:00 AM –12:00 PM

****PLEASE NOTE:**
Contents of
calendar are
Subject to
change.

SYLVIA HILLER
NUTRITION SITE
COORDINATOR



MON	TUE	WED	THU	FRI
		1 9:00 - 9:30 Easter Egg Hunt 9:45 Stretch Class	2 CENTER CLOSED @ Southside Lions	3 HEAL Holiday Good Friday CENTER CLOSED
6 8:30 Crossword/ Seek/Find 9:45 Low Impact Cardio	7 CENTER CLOSED @ Southside Lions	8 9:45 Stretch Class 10:00 Cheesebox	9 CENTER CLOSED @ Southside Lions	10 8:30 UNO 9:30 - 10:30 
13 8:30 Crossword Puzzles 9:45 Low Impact Cardio	14 CENTER CLOSED @ Southside Lions	15 8:30 Crossword Puzzles 10:00 HOPE FOODBANK	16 CENTER CLOSED @ Southside Lions	17 9:30 - 10:30 
20 9:45 Low Impact Cardio	21 CENTER CLOSED @ Southside Lions	22 9:45 Stretch Class	23 CENTER CLOSED @ Southside Lions	24 HEAL Holiday Fiesta San Jacinto Day CENTER CLOSED
27 9:45 Low Impact Cardio	28 CENTER CLOSED @	29 9:45 Stretch Class	30 CENTER CLOSED @	