



HUMAN SERVICES

JUNE 2026

DISTRICT 2 SENIOR CENTER

1751 SOUTH VV WHITE RD.

SAN ANTONIO TX. 78220

(210) 207-5390

MON-THURS 7:00AM - 8:00PM

FRIDAY 7:00AM - 4:00PM

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1. Beginners Painting (AC) 9:00am-11:00am Seniors In Play (MP) 2:30pm - 4:00pm Karaoke ** (DR) 4:00pm - 6:30pm Loteria (AC) 5:00pm - 6:30pm</p>	<p>2. Computer Class (CL) Smartphone Photography 9:00am-11:00am Crochet Group** (AC) 9:00am-11:00am Arts & Crafts** (AC) 12:00pm-2:00pm Quilting Group** (MP) 1:00pm - 3:00pm Senior Planet (CR) 4:00pm - 5:00pm Bingo (DR) 5:00pm - 6:30pm</p>	<p>3. Computer Class (CL) Exploring Google 9:00am-11:00am Google Maps/Calendars 1:00pm-3:00pm GOLDEN-AGERS 12:00pm - 1:00pm Loteria (DR) 5:00pm - 6:30pm</p>	<p>4. Drawing 101 (AC) 9:00am-11:00am Senior Planet (CR) 1:00pm - 2:00pm Quilting Group** (AC) 1:00pm - 3:00pm Karaoke ** (DR) 1:45pm - 3:45pm Bingo (DR) 5:00pm - 6:30pm</p>	<p>5. Bingo Dining Area 9:30am-10:15am Sing for Joy (RA) 10:00am - 11:00am</p>
<p>8. Beginners Painting (AC) 9:00am-11:00am Volunteer Meeting 1:15pm - 1:45pm Seniors In Play (MP) 2:30pm - 4:00pm Karaoke ** (DR) 4:00pm - 6:30pm Loteria (AC) 5:00pm - 6:30pm</p>	<p>9. Computer Class (CL) Cybercrime: Phishing & Identity Theft 9:00am-11:00am Crochet Group** (AC) 9:00am-11:00am Arts & Crafts** (AC) 12:00pm-2:00pm Quilting Group** (MP) 1:00pm - 3:00pm Senior Planet (CR) 4:00pm - 5:00pm Bingo (DR) 5:00pm - 6:30pm</p>	<p>10. Computer Class (CL) All About Passwords 9:00am-11:00am Google Maps/Calendars 1:00pm-3:00pm Sewing** (AC) 9:30am - 11:00am Loteria (DR) 5:00pm - 6:30pm</p>	<p>11. Drawing 101 (AC) 9:00am-11:00am Produce Market 9:00am - 11:00am Senior Planet (CR) 1:00pm - 2:00pm Quilting Group** (AC) 1:00pm - 3:00pm Karaoke ** (DR) 1:45pm - 3:45pm Bingo (DR) 5:00pm - 6:30pm</p>	<p>12. AARP Safety Driving Course(CR) 9:00am - 2:00pm (Lunch 11 - 12) Sing for Joy (RA) 10:00am - 11:00am Staff Quarterly Training HEAL PROGRAM CLOSED No Bingo No Transportation</p>
<p>15. COMMODITIES 1:30pm - 3:30pm Beginners Painting (AC) 9:00am-11:00am Seniors In Play (MP) 2:30pm - 4:00pm Karaoke ** (DR) 4:00pm - 6:30pm Loteria (AC) 5:00pm - 6:30pm </p>	<p>16. COMMODITIES 7:00am - 9:00am Computer Class (CL) iPhone Basics 9:00am-11:00am Crochet Group** (AC) 9:00am-11:00am Arts & Crafts** (AC) 12:00pm-2:00pm Quilting Group** (MP) 1:00pm - 3:00pm Senior Planet (CR) 4:00pm - 5:00pm</p>	<p>17. Computer Class (CL) Ten Fun Things to Do with Your iPad 9:00am-11:00am Chat GPT 1:00pm-3:00pm Movie Night 4:00pm - 6:00pm</p>	<p>18. Drawing 101 (AC) 9:00am-11:00am Senior Planet (CR) 1:00pm - 2:00pm Quilting Group** (AC) 1:00pm - 3:00pm Karaoke ** (DR) 1:45pm - 3:45pm Juneteenth Speaker Mario Marcel Salas 4:00pm - 5:00pm Bingo 5:00pm - 6:30pm</p>	<p>19. CENTER CLOSED FOR JUNETEENTH </p>
<p>22. Beginners Painting (AC) 9:00am-11:00am Senior Advisory Meeting 1:15pm - 2:00pm Seniors In Play (MP) 2:30pm - 4:00pm Karaoke ** (DR) 4:00pm - 6:30pm Loteria (AC) 5:00pm - 6:30pm</p>	<p>23. Computer Class (CL) iPhone Basics 9:00am-11:00am Crochet Group** (AC) 9:00am-11:00am Arts & Crafts** (AC) 12:00pm-2:00pm Quilting Group** (MP) 1:00pm - 3:00pm Senior Planet (CR) 4:00pm - 5:00pm Bingo (DR) 5:00pm - 6:30pm</p>	<p>24. Computer Class (CL) Digital Wallet 9:00am-11:00am What is a Virtual Tour? 1:00pm-3:00pm Sewing** (AC) 9:30am - 11:00am Loteria (DR) 5:00pm - 6:30pm JUNE Birthday Celebrations w/ Potluck</p>	<p>25. Drawing 101 (AC) 9:00am-11:00am Senior Planet (CR) 1:00pm - 2:00pm Quilting Group** (AC) 1:00pm - 3:00pm Karaoke ** (DR) 1:45pm - 3:45pm BINGO STORE 4:00PM - 5:00PM Bingo (DR) 5:00pm - 6:30pm</p>	<p>26. Bingo Dining Area 9:30am-10:15am Sing for Joy (RA) 10:00am - 11:00am</p>
<p>29. Beginners Painting (AC) 9:00am-11:00am Seniors In Play (MP) 2:30pm - 4:00pm Karaoke ** (DR) 4:00pm - 6:30pm Loteria (AC) 5:00pm - 6:30pm</p>	<p>30. Computer Class (CL) Android Essentials 9:00am-11:00am Crochet Group** (AC) 9:00am-11:00am Arts & Crafts** (AC) 12:00pm-2:00pm Quilting Group** (MP) 1:00pm - 3:00pm Senior Planet (CR) 4:00pm - 5:00pm Bingo (DR) 5:00pm - 6:30pm</p>	<p>1. HAPPY FATHER'S Day</p>	<p>2. Room Key CL - Computer Lab AC - Arts& Crafts Room DR - Dining Room LB - Library CR - Conference Room RA - Rec Area MP - Multi-Purpose Room Note: Classes marked with ** are Volunteer-led classes.</p>	<p>3. FLIP PAGE TO SEE EXERCISE CLASSES & SPECIAL EVENTS </p>

OUR APOLOGIES: CALENDAR MAY CHANGE OR BE UPDATED WITHOUT ADVANCE NOTICE.

EXERCISE CLASSES


<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p><u>Wellmed Chair Exercise</u> 9:45am - 10:15m</p> <p><u>Line Dancing</u> 1:00pm - 1:45pm</p> <p><u>Senior Strength</u> 2:15pm - 3:00pm</p> <p><u>Pickleball</u> 4:00pm - 4:45pm</p>	<p><u>Walking with Wellmed</u> 9:00am - 9:30am</p> <p><u>Cardio Dance</u> 10:30am - 11:15am</p> <p><u>Sit & Be Fit</u> 1:00pm - 1:45pm</p> <p><u>Pickleball</u> 4:00pm - 4:45pm</p>	<p><u>Senior Circuit</u> 9:00am - 9:45am</p> <p><u>Chair Volleyball</u> 10:00am - 10:45am</p> <p><u>Line Dancing</u> 1:00pm - 1:45pm</p> <p><u>Core & Balance</u> 4:00pm - 4:45pm</p>	<p><u>Gentle Yoga</u> 1:00pm - 1:45pm</p> <p><u>Chair Volleyball</u> 2:00pm - 2:45pm</p> <p><u>Low Impact Bootcamp</u> 4:00pm - 4:45pm</p>	<p><u>Senior Circuit</u> 8:45am - 9:30am</p>


LUNCH AT DISTRICT 2 SENIOR CENTER

11:00AM - 1:00PM MONDAY - FRIDAY

- LUNCH TICKETS ARE AVAILABLE AS EARLY AS 7:30 AM.
- MEMBERSHIP CARD (OR PHONE NUMBER) IS REQUIRED.
- LUNCHES ARE AVAILABLE WHILE SUPPLIES LAST.

MEALS CANNOT BE TAKEN HOME, WITH THE EXCEPTION OF FROZEN MEALS FOR CENTER CLOSURE.





WELLMED WILL BE ON SITE

7:30AM - 3:30PM

MONDAY - THURSDAY

BMI, BLOOD PRESSURE & BLOOD GLUCOSE (FASTING).
(NURSES HOURS & DAYS ARE SUBJECT TO CHANGE)



COMMODITIES

HOPE Program & CSFP Cheese Box

MONDAY, JUNE 15 1:30pm - 3:30pm

TUESDAY, JUNE 16 7:00am - 9:00am

FOOD BANK PROGRAMS ARE DISTRIBUTED WHILE SUPPLIES LAST

Please note: We are not accepting new applicants for CSFP or HOPE Program at this time.



- # **EVENTS**
- 6/03/26 - Field Trip! Walmart 10:00am - 12:00pm (9:45am departure. Sign up at Front Desk.)
 - 6/03/26 - SAPL Golden-Agers 12:00pm - 1:00pm
 - 6/04/26 - Heat Health (By Metropolitan Health District) 10:00am - 11:00am
 - 6/04/26 - Field Trip! Honey's Kitchen 4:00pm - 6:00pm (3:45pm departure. Sign up begins June 1.)
 - 6/05/26 - Field Trip! World Heritage Center 10:00am - 12:00pm (9:30am departure. Sign up begins June 1.)
 - 6/08/26 - Oasis Presentation "Growing Herbs" 10:30am - 11:30am
 - 6/09/26 - Nutrition Activity 10:00am - 10:30am
 - 6/11/26 - HEAL Nutrition Presentation and Produce Market 9:00am - 11:00pm (Must attend presentation to get produce box)
 - 6/12/26 - HEAL Program Closed. No Meals, No Transportation (Frozen meal will be distributed 6/11/26)
 - 6/12/26 - AARP Safety Driving Course (Limit 10. Sign-up begins June 1.) 9:00am - 2:00pm (Lunch 11am-12pm)
 - 6/15/26 - **WEAR PURPLE for World Elder Abuse Awareness Day**
 - 6/17/26 - Popsicles & Popcorn for Fathers Day 10:00am - 11:00am
 - 6/17/26 - Field Trip! Schaefer Library 10:30am - 12:00pm (10:00am departure. Sign up begins June 8.)
 - 6/18/26 - JUNETEENTH Trivia & Celebration w/ Potluck (Wear Red, Green, or Gold) 10:00am - 12:30pm
 - 6/18/26 - Juneteenth Presentation (By American civil rights leader Mario Marcel Salas) 4:00pm
 - 6/19/26 - **CENTER CLOSED FOR JUNETEENTH** (Frozen meals will be distributed Thursday, June 18th)
 - 6/23/26 - Field Trip! Woodlake Crossing Shopping Center 10:00am - 12:00pm (9:45am departure. Sign up begins June 15.)
 - 6/24/26 - **JUNE Birthday Celebrations w/ Potluck** (Potluck at your individual tables)
 - 6/24/26 - Nutrition Presentation by Tracy 12:30pm - 1:00pm
 - 6/25/26 - Food Bank Presentation "Sleep Hygiene" 10:00am - 11:00am
 - 6/29/26 - Tea With Tracy 9:30am - 10:30am
 - 6/30/26 - 5 Top Ways to Thrive (Presentation by Caregiver Specialist Stephanie Massiate) 9:00am - 10:00am

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