



**HUMAN
SERVICES**

January 2026

Evening Hours

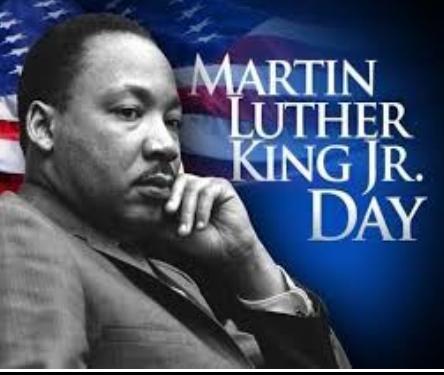
Doris Griffin Senior Center

6157 NW Loop 410

San Antonio, TX 78238

210-780-7444

Monday—Thursday, 4:00pm—8:00pm

Monday	Tuesday	Wednesday	Thursday
<p>ANNOUNCEMENTS</p> <ul style="list-style-type: none"> ♦ Silver Spirit Dancers will not perform January and February 2026. ♦ Arts and Crafts with Lydia - scheduled to return January 2026. ♦ <u>Lotteria</u> has moved from 4pm to 5pm. 	<p>OTHER EXTENDED HOURS ACTIVITIES:</p> <ul style="list-style-type: none"> ♦ PINGPONG ♦ POOL ♦ RUMMIKUB/ DOMINOES 	<p>ACTIVITIES ROOM ASSIGNMENT</p> <ul style="list-style-type: none"> ♦ LOTERIA—Dining Room ♦ ARTS & CRAFTS—Demo Kitchen ♦ YOGA—Activity Room 1 ♦ ZUMBA/LINE DANCING—Activity Room 4A/4B ♦ SENIORS IN PLAY—Activity Room 2 	
<p>5</p> <p>OATS Class-Wearables at a Glance 4:00pm Pickleball 4:00pm Yoga Stretch w/ Natalie E. 4:00pm Dance Zumba w/ Maria 4:30pm</p> 	<p>6</p> <p>Dance w/ Christina 4:00pm Lotteria 5:00pm Silver Sneakers 5:00pm Seniors In Play 5:00pm</p>	<p>7</p> <p>Luby's Restaurant 4:00pm Pickleball 4:00pm Dance Zumba w/ Maria 4:30pm</p> <p>FOOD BANK TOMORROW (Registered Participants Only)</p>	<p>8</p> <p>Line Dancing w/ Diamond 4:00pm Movie-TBD 4:30pm-6:30pm Lotteria 5:00pm</p> 
<p>12</p> <p>OATS Class-Voice Assistants 4:00pm Pickleball 4:00pm Yoga Stretch w/ Natalie E. 4:00pm Dance Zumba w/ Maria 4:30pm</p> 	<p>13</p> <p>Great Northwest Library Visit 4:00pm Dance w/ Christina 4:00pm Lotteria 5:00pm Silver Sneakers w/ Christina 5:00pm Seniors In Play 5:00pm</p>	<p>14</p> <p>Golden Corral Restaurant 4:00pm Pickleball 4:00pm Dance Zumba w/ Maria 4:30pm</p> 	<p>15</p> <p>Arts & Crafts w/ Lydia 4:00pm Line Dancing w/ Diamond 4:00pm Movie- TBD 4:30pm-6:30pm Lotteria 5:00pm</p> 
<p>19 EVENING Closed due to Observation</p> 	<p>20</p> <p>Dance w/ Christina 4:00pm Lotteria 5:00pm Silver Sneakers w/ Christina 5:00pm Seniors In Play 5:00pm</p>	<p>21</p> <p>Starbucks/Barns & Noble 4:00pm Pickleball 4:00pm Dance Zumba w/Maria 4:30pm</p> 	<p>22</p> <p>Line Dancing w/ Diamond 4:00pm Movie-TBD 4:30pm-6:30pm Lotteria 5:00pm</p> 
<p>26</p> <p>OATS Class-Virtual Reality at a Glance Pickleball 4:00pm Yoga Stretch w/ Natalie E. 4:00pm Dance Zumba w/Maria 4:30pm</p>	<p>27</p> <p>Pica Pica Plaza Shopping Trip 4:00pm Dance w/ Christina 4:00pm Lotteria 5:00pm Silver Sneakers w/ Christina 5:00pm Seniors In Play 5:00pm</p>	<p>28</p> <p>Cracker Barrel Restaurant 4:00pm Pickleball 4:00pm Dance Zumba w/Maria 4:30pm</p>	<p>29</p> <p>Movie-TBD 4:30pm-6:30pm Line Dancing w/ Diamond 4:00pm Lotteria 5:00pm</p> 