

September 2025 **Evening Hours**

Doris Griffin Senior Center

6157 NW Loop 410 San Antonio, TX 78238 210-780-7444

Monday—Thursday, 4:00pm—8:00pm

SERVICES	1		
Monday	Tuesday	Wednesday	Thursday
WE WILL BE * closed * LABOR DAY	Ping Pong Games 4:00pm Loteria 4:00pm Dance w/ Christina 4:00pm Silver Sneakers 5:00pm Seniors In Play 5:00pm	Chili's 4:00 pm Pickleball 4:00pm Dance Zumba w/ Maria 4:00pm	Arts and Crafts with Lydia (Demo Kitchen) 4:00pm Bingo 4:00pm Line Dancing w/Diamond 4:00pm Movie—Accountant I 4:30pm
8	9	10	11
OATS Class – Understanding Fraud & Scams 4:00pm Pickleball 4:00pm Dance Zumba w/ Maria 4:00pm Yoga Stretch w/ Natalie E. 4:00pm	Loteria 4:00pm Dance w/ Christina 4:00pm Silver Sneakers 5:00pm Seniors In Play 5:00pm	Jason's Deli 4:00pm Pickleball 4:00pm Dance Zumba w/ Maria 4:00pm FOOD BANK TOMORROW (Registered Participants Only)	Bingo 4:00pm Line Dancing w/ Diamond 4:00pm Movie –Accountant II 4:30pm
15	16	17	18
OATS Class – NO CLASS Pickleball 4:00pm Dance Zumba w/ Maria 4:00pm Yoga Stretch w/ Natalie E 4:00pm	Hispanic Month Celebration – Mega Loteria 4:00pm Dance w/ Christina 4:00pm Silver Sneakers w/ Christina 5:00pm Seniors In Play 5:00pm	Sabor de Mexico 4:00pm Pickleball 4:00pm Dance Zumba w/ Maria 4:00pm	Natalie's Nutrition Class 4:00pm Bingo 4:30pm Line Dancing w/ Diamond 4:00pm Movie-Accountant I 4:30pm
22	23	24	25
OATS Class – Charity Naviga- tor (Workshop)	Loteria 4:00pm Dance w/ Christina	Salata 4:00pm Pickleball	Birthday Celebration (Cupcakes) 4:00pm

4:00pm

Pickleball

4:00pm

Dance Zumba w/ Maria 4:00pm

Yoga Stretch w/ Natalie E.

4:00pm

Dance w/ Christina

4:00pm

Silver Sneakers w/ Christina

5:00pm

Seniors In Play

5:00pm

Pickleball

4:00pm

Dance Zumba w/ Maria

4:00pm

4:00pm

Bingo

4:00pm

Line Dancing w/ Diamond

4:00pm

Movie-Accountant II 4:30pm



29

OATS Class - Mindfulness <u>Apps</u>

4:00pm

Pickleball

4:00pm

Dance Zumba w/ Maria

4:00pm

Yoga Stretch w/ Natalie E.

4:00pm



30

End of Summer Celebration (Popsicles)

4:00pm

Loteria

4:00pm

Dance w/ Christina

4:00pm

Silver Sneakers w/

Christina 5:00pm

Seniors In Play

5:00pm

Other Evening Activities

⇒ **Ping-pong**

Billiards

Rummikub

Dominoes

Fitness



Room Assignments

Yoga Class/Dance

with ChristinaActivity Room #1

Seniors in Play Activity Room#2

Zumba with Maria/

Line Dancing with Diamond -

......Activity Room 4a & 4b

♦ MovieActivity Room #5

