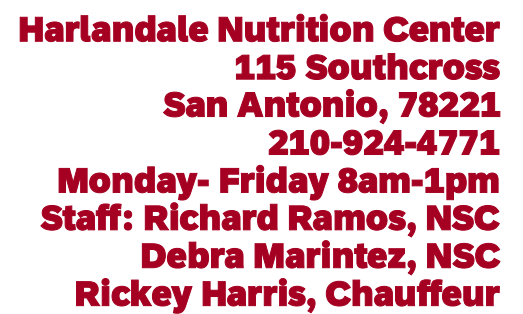






FREE PARTICIPATION FOR OLDER ADULTS
Eligibility Criteria
At least 60 years old • Have Mental and of personal needs • Ability to take care Physical ability to act independently
May bring and use any personal device

Harlandale Nutrition Center
115 Southcross,
San Antonio, 78221
210-924-4771
Monday - Friday 8a.m. - 1p.m.



NOVEMBER 2025

Thanksgiving Breakfast & Birthday Celebration		Field Trips	
Wednesday, November 26, 2025 Join us for a cozy morning filled with good food, joyful music, and wonderful company as we give thanks for another beautiful year together!		November 7 • 9:30 A.M. World Heritage Center November 20 • 10:30 A.M. Hung Fong Chinese Restaurant	November 15 • 10:30 A.M. Bargains Depot Goliad

WHAT HAPPENED LAST MONTH?

