



HUMAN SERVICES

August 2025

Evening Hours

Doris Griffin Senior Center
6157 NW Loop 410
San Antonio, TX 78238
210-780-7444
Monday—Thursday, 4:00pm—8:00pm

Monday	Tuesday	Wednesday	Thursday
4 <u>OATS Class –Intro to Smart Phone Photography</u> 4:00pm-5:00pm <u>Pickleball</u> 4:00pm <u>Dance Zumba w/ Maria</u> 4:00pm <u>Yoga Stretch w/ Natalie E.</u> 4:00pm	5 <u>Loteria</u> 4:00pm <u>Dance w/ Christina</u> 4:00pm <u>Silver Sneakers</u> 5:00pm <u>Seniors In Play</u> 5:00pm 	6 <u>Sea Island</u> 4:00pm <u>Pickleball</u> 4:00pm <u>Dance Zumba w/ Maria</u> 4:00pm 	7 <u>Bingo</u> 4:00pm <u>Line Dancing w/Diamond</u> 4:00pm <u>Movie—The Da Vinci Code</u> 4:30pm
11 <u>OATS Class –Tips for Being News Savvy Online</u> 4:00pm-5:00pm <u>Pickleball</u> 4:00pm <u>Dance Zumba w/ Maria</u> 4:00pm <u>Yoga Stretch w/ Natalie E.</u> 4:00pm 	12 <u>Loteria</u> 4:00pm <u>Dance w/ Christina</u> 4:00pm <u>Silver Sneakers</u> 5:00pm <u>Seniors In Play</u> 5:00pm	13 <u>Babe’s Old Fashioned Burgers</u> 4:00pm <u>Pickleball</u> 4:00pm <u>Dance Zumba w/ Maria</u> 4:00pm <u>FOOD BANK TOMORROW</u> <u>(Registered Participants Only)</u>	14 <u>Silver Spirit Dancer Performance on Stage (Dining Room)</u> 4:00pm <u>Bingo</u> 4:00pm <u>Line Dancing w/ Diamond</u> 4:00 pm <u>Movie –Angels and Demons</u> 4:30pm 
18 <u>OATS Class – NO CLASS</u> <u>Pickleball</u> 4:00pm <u>Dance Zumba w/ Maria</u> 4:00pm <u>Yoga Stretch w/ Natalie E</u> 4:00pm	19 <u>Loteria</u> 4:00pm <u>Dance w/ Christina</u> 4:00pm <u>Silver Sneakers w/ Christina</u> 5:00pm <u>Seniors In Play</u> 5:00pm 	20 <u>Outback Steakhouse</u> 4:00pm <u>Pickleball Tournament</u> 4:00pm –6:00pm <u>Dance Zumba w/ Maria</u> 4:00pm 	21 <u>Demo Class with Natalie (Dining Room)</u> 4:00pm <u>Arts and Crafts with Lydia</u> 4:00pm <u>Bingo</u> 4:00pm <u>Line Dancing w/ Diamond</u> 4:00pm <u>Movie-Da Vinci Code</u> 4:30pm
25 <u>OATS Class –Digital Genealogy Tools</u> 4:00pm-5:00pm <u>Pickleball</u> 4:00pm <u>Dance Zumba w/ Maria</u> 4:00pm <u>Yoga Stretch w/ Natalie E.</u> 4:00pm 	26 <u>Hawaiian Luau Zumbathon</u> 4:00pm-6:00pm <u>Dance w/ Christina</u> 4:00pm <u>Silver Sneakers w/ Christina</u> 5:00pm <u>Seniors In Play</u> 5:00pm	27 <u>Pho Hao Long</u> 4:00pm <u>Pickleball</u> 4:00pm <u>Dance Zumba w/ Maria</u> 4:00pm	28 <u>Birthday Celebration (Cupcakes)</u> 4:00pm <u>Bingo</u> 4:00pm <u>Line Dancing w/ Diamond</u> 4:00pm <u>Movie-Angels and Demons</u> 4:30pm 
<u>Trips for the Month</u> <ul style="list-style-type: none">August 6, 2025 - Sea IslandAugust 13, 2025 - Babe’s Old Fashioned BurgersAugust 20, 2025 - Outback SteakhouseAugust 27, 2025 - Pho Hao Long VietnameseNeed to sign up at the front deskAll sign up sheets will go up a week before.Members are responsible for payment of their meal.	<u>Other PM Activities</u> <ul style="list-style-type: none">Ping pongBilliardsRummikubDominoesFitness	<u>Activity Highlights</u> <p>Mondays/Wednesdays: 4:00pm-Pickleball</p> <p>Tuesdays: 4:00pm-Loteria</p> <p>Wednesdays: 4:00pm-Dinner Field Trip</p> <p>Thursdays: 4:00pm-Bingo</p>	<u>Room Assignments</u> <ul style="list-style-type: none">Yoga/Dance with Christina - Activity Room #1Seniors in Play - Activity Room #2Zumba with Maria/Line Dancing with Diamond - Activity Room 4a and 4bMovie - Activity Room #5 (Theater Room)