



HUMAN
SERVICES

October 2025

Evening Hours

The Alicia Trevino Lopez
Senior One Stop Center
8353 Culebra Rd.
San Antonio, TX 78251
210-558-0178
Monday—Thursday,
4:00pm—8:00pm

Monday	Tuesday	Wednesday	Thursday
Room Key Activity Rooms: #1, #2, #3 Theatre Room (#4) (LR) Lunch Room (SA) Social Area (DK) Demo Kitchen (OL) Online (C) Conference Room (CL) Computer Lab (L) Lobby **Early sign in required for		1 Game Night (LR) 4:30pm-5:30pm Karaoke (2) 4:30-6:30pm Line Dancing (LR) 5:30-6:30pm Noodle Volleyball (1) 6:30-7:30pm	2 Pickleball (LR) 4:00-7:00pm OATS (CL) 5:00-6:00pm Zumba (3) 5:15-6:15pm Circuit (3) 6:30-7:30pm
6 Seniors In Play (LR) 4:00-5:30pm Crafts (L) 5:00pm-6:00pm Line Dancing (LR) 5:45-6:45pm Bean Bag Baseball (2) 6:30-7:30pm	7 Pickleball (LR) 4:00-7:00pm Guitar (4) 4:00-5:00pm Chair Yoga (3) 5:00-6:00pm Zumba (3) 6:30-7:15pm	8 Game Night (LR) 4:30pm-5:30pm Line Dancing (LR) 5:30-6:30pm Noodle Volleyball (1) 6:30-7:30pm	9 Pickleball (LR) 4:00-7:00pm OATS (CL) 5:00-6:00pm Zumba (3) 5:15-6:15pm Circuit (3) 6:30-7:30pm
13 Seniors In Play (LR) 4:00-5:30pm Trivia (4) 5:00pm-6:00pm Line Dancing (LR) 5:45-6:45pm Bean Bag Baseball (2) 6:30-7:30pm	14 Pickleball (LR) 4:00-7:00pm Guitar (4) 4:00-5:00pm Chair Yoga (3) 5:00-6:00pm Zumba (3) 6:30-7:15pm	15 Game Night (LR) 4:30pm-5:30pm Karaoke (2) 4:30-6:30pm Line Dancing (LR) 5:30-6:30pm Noodle Volleyball (1) 6:30-7:30pm	16 Pickleball (LR) 4:00-7:00pm OATS (CL) 5:00-6:00pm Zumba (3) 5:15-6:15pm Circuit (3) 6:30-7:30pm
20 Seniors In Play (LR) 4:00-5:30pm Pumpkin Crafts (L) 5:00pm-6:00pm Line Dancing (LR) 5:45-6:45pm Bean Bag Baseball (2) 6:30-7:30pm	21 Pickleball (LR) 4:00-7:00pm Guitar (4) 4:00-5:00pm Chair Yoga (3) 5:00-6:00pm Zumba (3) 6:30-7:15pm	22 Board Games (SA) 4:30pm-5:30pm Line Dancing (LR) 5:30-6:30pm Noodle Volleyball (1) 6:30-7:30pm	23 Pickleball (LR) 4:00-7:00pm OATS (CL) 5:00-6:00pm Zumba (3) 5:15-6:15pm Circuit (3) 6:30-7:30pm
27 Seniors In Play (LR) 4:00-5:30pm Trivia (4) 5:00pm-6:00pm Line Dancing (LR) 5:45-6:45pm Bean Bag Baseball (2) 6:30-7:30pm	28 Pickleball (LR) 4:00-7:00pm Guitar (4) 4:00-5:00pm Chair Yoga (3) 5:00-6:00pm Zumba (3) 6:30-7:15pm	29 Karaoke (2) 4:30-6:30pm Spooky Loteria (SA) 5:00pm-5:30pm Line Dancing (LR) 5:30-6:30pm Monster Mash Bash (LR) 6:30pm—7:30pm	30 Pickleball (LR) 4:00-7:00pm OATS (CL) 5:00-6:00pm Zumba (3) 5:15-6:15pm Circuit (3) 6:30-7:30pm