

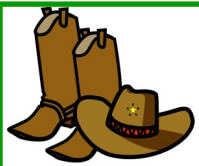


# Evening Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<u>3</u> 4:30pm-Line Dancing 5:30pm—Movie	<u>4</u> 4:30pm—BINGO 5:30pm-7:00pm Karaoke	<u>5</u> 4:30pm—Strength Resistance 5:30pm—Table Games	<u>6</u> 4:30pm—Loteria 5:30pm-7:00pm Karaoke
<u>10</u> 4:30pm-Line Dancing 5:30pm—Movie	<u>11</u> 4:30pm—BINGO 5:30pm-7:00pm Karaoke	<u>12</u> 4:30pm—Strength Resistance 5:30pm—Table Games	<u>13</u> 4:30pm—Loteria 5:30pm—7pm Birthday & Father's Day Celebration
<u>17</u> 4:30pm-Line Dancing 5:30pm—Movie	<u>18</u> 4:30pm—BINGO 5:30pm-7:00pm Karaoke	<u>19</u> <b>Center Closed</b> <b>Juneteenth</b>	<u>20</u> 4:30pm—Loteria 5:30pm-7:00pm Karaoke
<u>24</u> 4:30pm-Line Dancing 5:30pm—Movie	<u>25</u> 4:30pm—BINGO 5:30pm-7:00pm Karaoke	<u>26</u> 4:30pm—Strength Resistance 5:30pm—Table Games	<u>27</u> 4:30pm—Loteria 5:30pm-7:00pm Karaoke

(Note: Calendar subject to change without advance notice)

## Reminders



### Line Dancing!!

Mondays at 4:30 pm

### LUNCH 11:00 AM

Meals are served on a first come basis.

- No outside food or drinks from 11 am to 12 pm.
- No food or drinks in Computer & Game rooms
- If you are ill please stay home.

### WellMed Nurse

Mondays & Wednesdays 7am-3:45pm\*



\*Subject to change

Come by to see the Caregiver SOS Specialist every Tuesday for FREE Caregiver Support 8:00 AM - 11:00 AM (Except for 3rd Tuesday of the Month)

Coaching \* Support Groups  
Stress Busting \* Education

See flyer for more information

866-390-6491

[mzachmeyer@wellmed.net](mailto:mzachmeyer@wellmed.net)



### DON'T FORGET!

Participate in activities and get your Willie Cortez passport stamped to earn a T-Shirt!

With our extended hours in full affect we ask all of our members staying for activities between 4pm-8pm to please hit the "PM Check in" and the "PM Activity" buttons starting at 4pm.



CITY OF SAN ANTONIO  
DEPARTMENT OF HUMAN SERVICES

### HAVE LUNCH WITH US!

Hot Meals are served Monday through Friday from 11:00 am-12:00 pm.

Meal tickets can be picked up between 8:00am-11:00am (or until all tickets have been issued out).

