














MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>The Department of Human Services is committed to providing San Antonio older adults with comprehensive services that will empower the older adult community to lead active, independent, and engaged lives.</p>		<p>1</p> <p>Senior Low Impact Fitness 9:00 AM</p> <p>Walking with WELLMED 10:00AM</p> <p>Crafts 1:00PM</p>	<p>2</p> <p>Loteria 9:00AM</p> <p>Dance w/ Jorge 10:15AM</p> <p>Bihl Haus Arts 1:00PM</p>	<p>3</p> <p>Senior Circuit Class 10:30AM</p> <p>Surprise Shopping 12:00PM</p>
<p>6</p>  <p>9:00AM</p>  <p>10:00AM</p> <p>ZUMBA Gold 12:45PM</p>	<p>7</p>  <p>9:00AM</p> <p>Library Presentation 11:30AM</p> <p>Senior Low Impact Fitness 1:00PM</p>	<p>8</p> <p>Senior Low Impact Fitness 9:00 AM</p> <p>Walking with WELLMED 10:00AM</p> <p>Crafts 1:00PM</p>	<p>9</p> <p>Loteria 9:00AM</p> <p>Dance w/ Jorge 10:15AM</p> <p>Bihl Haus Arts 1:00PM</p>	<p>10</p> <p>Home Sharing Interview 9:30am</p> <p>Senior Circuit 10:30AM</p> <p>Mother's Day Celebration 12:00PM</p> 
<p>13</p>  <p>9:00AM</p>  <p>10:00AM</p> <p>ZUMBA Gold 12:45PM</p>	<p>14</p>  <p>HOPE DISTRIBUTION 10:00 AM</p> <p>Senior Low Impact Fitness 1:00PM</p>	<p>15</p> <p>Senior Low Impact Fitness 9:00 AM</p> <p>Walking with WELLMED 10:00AM</p> <p>Crafts 1:00PM</p>	<p>16</p> <p>Loteria 9:00AM</p> <p>Dance w/ Jorge 10:15AM</p> <p>Accreditation Celebration 12:00PM</p> <p>Bihl Haus Arts 1:00PM</p>	<p>17</p> <p>MERCADO 9:30AM</p> <p>Senior Circuit Class 10:30AM</p> <p>Surprise Shopping 12:00PM</p>
<p>20</p>  <p>9:00AM</p>  <p>10:00 AM</p> <p>ZUMBA Gold 12:45PM</p>	<p>21</p>  <p>9:00AM</p> <p>Senior Low Impact Fitness 1:00PM</p>	<p>22</p> <p>Senior Low Impact Fitness 9:00 AM</p> <p>Walking with WELLMED 10:00AM</p> <p>Crafts 1:00PM</p>	<p>23</p> <p>Loteria 9:00AM</p> <p>Dance w/ Jorge 10:15AM</p> <p>Bihl Haus Arts 1:00PM</p>	<p>24</p> <p>Senior Circuit Class 10:30AM</p> <p>Surprise Shopping 12:00PM</p>
<p>27</p> <p>Center Closed</p> 	<p>28</p>  <p>CSFP (Cheese) DISTRIBUTION 8:00AM -10:00 AM</p> <p>Senior Low Impact Fitness 1:00PM</p>	<p>29</p> <p>Senior Low Impact Fitness 9:00 AM</p> <p>Walking with WELLMED 10:00AM</p> <p>Crafts 1:00PM</p>	<p>30</p> <p>Loteria 9:00AM</p> <p>Dance w/ Jorge 10:15AM</p> <p>Bihl Haus Arts 1:00PM</p>	<p>31</p> <p>Senior Circuit Class 10:30AM</p> <p>Surprise Shopping 12:00PM</p>



Evening Schedule

Monday - Thursday *** 4PM - 8PM



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		1 Exercise Equipment Open Pool/Table Games 4PM- 8PM ZUMBA GOLD 4:00PM	2 Exercise Equipment Open Pool/Table Games 4PM- 8PM BINGO 5:00 PM
6 Exercise Equipment Open Pool/Table Games 4PM- 8PM Loteria 5:00PM	7 Crafts 3:30PM Casino Nights 3:30PM-5PM Line Dancing 5:00PM	8 ZUMBA GOLD 4:00PM Mother's Day Tea Party 5:00PM	9 Exercise Equipment Open Pool/Table Games 4PM- 8PM BINGO 5:00 PM
13 Exercise Equipment Open Pool/Table Games 4PM- 8PM Loteria 5:00PM	14 Crafts 3:30PM Casino Nights 3:30PM-5PM Line Dancing 5:00PM	15 Exercise Equipment Open Pool/Table Games 4PM- 8PM ZUMBA GOLD 4:00PM	16 Exercise Equipment Open Pool/Table Games 4PM- 8PM BINGO 5:00 PM
20 Exercise Equipment Open Pool/Table Games 4PM- 8PM Loteria 5:00PM	21 Crafts 3:30PM Casino Nights 3:30PM-5PM Line Dancing 5:00PM	22 Exercise Equipment Open Pool/Table Games 4PM- 8PM ZUMBA GOLD 4:00PM	23 Exercise Equipment Open Pool/Table Games 4PM- 8PM BINGO 5:00 PM
27 CLOSED FOR MEMORIAL DAY 	28 Crafts 3:30PM Casino Nights 3:30PM-5PM Line Dancing 5:00PM	29 Exercise Equipment Open Pool/Table Games 4PM- 8PM ZUMBA GOLD 4:00PM	30 Exercise Equipment Open Pool/Table Games 4PM- 8PM BINGO 5:00 PM

MAY BIRTHDAY'S

Birthday Celebration May *** 11:00 AM

David Castro	5/1
Cruz Polendo	5/2
Flavio Morales	5/7
Gloria Rangel	5/7
Luz Perez	5/9
Eva de los santos	5/16
Alicia Hernandez	5/22
Jose Benitez	5/24



HOT MEALS EVERYDAY
11:15 am - 12:15 pm
First Come First Served Basis

OASIS COMPUTER CLASSES **TUESDAY 9:30am-11:30am**

May 7: Meet the Computer, Part 1
May 14: Meet the Computer, Part 2
May 21: Meet the Computer, Part 3
May 28: Discovering Wellness on the Web



Harry Miller
3rd Tuesday of the Month
9:00 AM - 11:00 AM

Health Screenings
Wednesdays 8:00 AM - 3:00PM
Erika Solis, LVN



Reminder

- **Computer Room: No food or drinks allowed**
- **You May Not Take Meals Home (ONLY FROZEN MEALS)**
- **YOU MAY NOT RESERVE CHAIRS**