

Internal
Participant # _____



**San Antonio Kids Building Relationships,
Effective ASTHMA Teaching in Home Environments**

Program Overview for School Nurses / School Professionals

Goals:

The goals of the SA Kids BREATHE (SAKB) program are to help high risk children between the ages of 3 and 17 diagnosed with asthma in the Bexar County and their families by providing home (or virtual) interventions designed to reduce asthma triggers, including environmental hazards, assist with social disparities of health that are worsening symptoms, and connect participants with health care providers and the school.

SAKB Eligibility

- Ages 3-17 at time of referral
- Resides within Bexar County at time of referral
- **At least one of these criteria:**
 - 1 hospital admission or inpatient observation stay for primary asthma diagnosis and uncontrolled asthma (more than 2 days per week and/or more than 2 nights per month for greater than 2 months with asthma symptoms) within past 12 months
 - 2 or more unscheduled emergency department, urgent care, or acute care visits (virtual or in person) for asthma exacerbation within past 12 months
 - 2 or more clinically documented steroid bursts prescribed within past 12 months
 - 2 or more separate episodes of at least 2 unscheduled school treatment visits for asthma symptoms per week (loss of classroom instruction time) or
 - Chronic absenteeism for asthma (more than or equal to 10% of school days missed) within past 12 months

Services Provided:

Community Health Workers (CHW) provide 5-6 visits with a family over a 6-month period to improve asthma control in coordination with the health care provider and the school; they continue to work with the family over the next 6 months. They are under the guidance of a respiratory therapist with asthma educator certification.

- **Home (and/or virtual):** provide asthma education over the course of 3-4 visits with MDI training, addressing health literacy, home environment and social determinant evaluation.
- **HCP:** collaborate and communicate with the HCP team to discuss findings, review Asthma Action Plan and any identified barriers.
- **School/Daycare:** collaborate and communicate with the nurse or teacher to review Asthma Action Plan and any identified barriers.



How to Refer to our Program:

Please fax the SCHOOL REFERRAL FORM on the back to our offices: **210-207-9757** **Secure FAX**
Or email the back to our offices: SAKidsBREATHE@sanantonio.gov **Secure Email**
For questions and additional information, please call our program team: **210-207-7282** **PHONE**



**METROPOLITAN
HEALTH DISTRICT**



Building Relationships, Effective ASTHMA Teaching in Home Environments

School/ School Nurse - REFERRAL FORM

Program Phone: 210-207-7282

Send to our secure Fax: 210-207-9757 or Send by Secure Email to: sakidsbreathe@sanantonio.gov

Date of Referral

Patient Information:

Full Name:

Date of Birth: (Ages 3 – 17 are eligible)

Insurance Provider: (as applicable)

Primary Caregiver / Legal Guardian Information:

Full Name:

Phone Number:

Home Address: (eligible if in Bexar County)

The caregivers must have consented to this referral. Date consent received:

School Nurse or Professional (SN/SP) Information:

Name/Title of SN/SP Referring:

Name of School:

Independent School District:

School Nurse Phone Number:

School Fax Number:

Reason for Referral (Please check off at least one that applies):

- ☐ 1 hospital admission or inpatient observation stay for primary asthma diagnosis and uncontrolled asthma (more than 2 days per week and/or more than 2 nights per month for greater than 2 months with asthma symptoms) within past 12 months

Date(s) of hospitalization:

- ☐ 2 or more unscheduled emergency department, urgent care, or acute care visits (virtual or in person) for asthma exacerbation within past 12 months

Dates of emergent/ urgent / acute visits:

- ☐ 2 or more clinically documented steroid bursts prescribed within past 12 months

Dates of prescribed steroid bursts:

- ☐ 2 or more separate episodes of at least 2 unscheduled school treatment visits for asthma symptoms per week (loss of classroom instruction time) or

- ☐ Chronic Absenteeism for Asthma (more than or equal to 10% of school days missed) within past 12 months



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