



DECEMBER

To Remember



Robinette Senior Center 1423 S. Ellison Dr. Bldg 2 San Antonio, TX. 78245 210-207-3260

(Note: Calendar subject to change without advance notice)

Monday	Tuesday	Wednesday	Thursday	Friday
<div>1</div> <div>Tis' the Season to be Nice to Somebody Day!</div> <div>8:45a-9:30a Morning Walk with Johnny(TBA)</div>	<div>2</div> <div>10a-10:30a Volunteer Training-(DR)</div>	<div>3</div> <div>9:30a-10:30a New Member Orient-(DR)</div> <div>1:30p-2:30p Music Lecture on Traditional Christmas Songs and Carols-Johnny (DR)</div>	<div>4</div> <div>10:15a-10:30a Nutrition Ed.-After 60-(DR)</div> <div>12p-1p -Seniors in Play-"Showcase"-(DR)</div> <div>12:15-Loteria Cancelled</div>	<div>5</div> <div>8:45am Field Trip- S.A.Zoo</div> <div>9:30a-10:30a Gardopia Garden Class(AR)</div> <div>12p-2p UTSA Cookbook Holiday Edition (AR)</div>
<div>8</div> <div>9:30a-10:30a Convoy of Hope-SA Food Bank-(GYM)</div> <div>12p-2p Holiday Cookie Recipe Card XChange</div> <div>Type or write out your one fave Holiday Cookie Recipe (Make at least 6 copies), decorate cards and paste recipe, trade, and share(AR)</div>	<div>9</div> <div>9:30a-12p Fresh Produce Market-(DR)and(GYM)</div> <div>2:00p-3:00p New Member Orient.(DR)</div>	<div>10</div> <div>9a-Field Trip- Amols' Party & Fiesta Store</div> <div>12p-1p Holiday Cookie Recipe Card XChange</div> <div>If you care to share your favorite cookie recipe, bring samples to spread the joy! -(DR)</div>	<div>11</div> <div>9:00a-10:30a Rumikub Mini Holiday Tourney (Robinette members Only)-Game Area</div> <div>12p-1p Holiday BINGO!-(DR)</div> <div>1:30p-2p Presentation: Egg Nogging at My Door -Nissa(DR)</div>	<div>12</div> <div>9:30a-10:30a 2D Ornament Coloring Pages (DR)</div> <div>12:15p-1:15p 2D Snowflake Coloring Pages (DR)</div> <div>1:30p-2:30p Holiday Decorate Dining Room</div>
<div>15</div> <div>8:45a-9:30a Morning Walk with Johnny (TBA)</div> <div>10:15a-10:30a Nutrition Ed.-After 60-(DR)</div> <div>10:30a-10:45a Health Talk-(DR)</div> <div>12:15p-1:15p Holiday Craft mini Stockings-Johnny (AR)</div>	<div>16</div> <div>Wear UR Fave Holiday Sock Day!</div> <div>9:30a-10:30a New Member Orient(DR)</div> <div>1:30p-2:30p Holiday Trivia!-(AR)</div>	<div>17</div> <div>Wear UR Holiday Hat Day!</div> <div>9:00a-9:30a Wellness Pilot program -Nissa</div> <div>10a-10:30a Robin Roost store</div> <div>12p-1p Holiday Spelling Bee-(DR)</div>	<div>18</div> <div>Holiday Ugly Sweater Day!</div> <div>8:45a -Field Trip -Walking Woodlawn Lake</div> <div>12:15p-1:15p Loteria-Jorge(DR)</div>	<div>19</div> <div>9:30a-10:30a Gardopia Garden Class (AR)</div> <div>9a-10:30a Robinette Holiday Breakfast, Music and Sing-A-Long-Karaoke Style (DR)</div>
<div>22</div> <div>Holiday Youth Camp Begins!</div> <div>8:45a-Field Trip- La Villita Historic Village</div> <div>12p-1p Senior Lunch</div>	<div>23</div> <div>Wear your fave Holiday PJ Day!</div> <div>10a-Santa's Visit!</div> <div>11a-11:30a Holiday Ornament Exchange(Check back of calendar for details)</div> <div>12p-1p Senior Lunch</div> <div>1p-3p Holiday MovieTime w/Treats!</div>	<div>24</div> <div></div>	<div>25</div> <div></div>	<div>26</div> <div></div>
<div>29</div> <div></div>	<div>30</div> <div></div>	<div>31</div> <div></div>	<div>1</div> <div></div>	<div>2</div> <div>We're Back! The Center is Open Today! (Oh yeah, Happy New Year!)</div>

HOLIDAY BREAK
SENIOR CENTER CLOSED

HOLIDAY BREAK
SENIOR CENTER STILL CLOSED!

Monday	Tuesday	Wednesday	Thursday	Friday
<div>9:30a-10:00a WellMed-Stretch Class- Marivel (Gym)</div> <div>12/8- 9a-9:30a</div>	<div>8:00a-10:30a Quilting-Carolina(AR)</div> <div>12/23-No Class</div>	<div>8:30a-10:30a Beginning Quilting-Yolanda M. (AR)</div>	<div>9:00a-10:00a YWCA -Line Dance - Jane (Gym)</div>	<div>8:00a-9:00a YMCA -Chair Yoga -Erma (Gym)</div>
<div>10:00a-11:00a YMCA-Line Dancing - Inez (Gym)</div> <div>12/8-8a-9a</div>	<div>9:00a-10:00a YWCA-Zumba Gold - Jane (Gym)</div>	<div>9:00a-10:00a YMCA Silver Sneakers Ener-Chi -Natalie-(Gym)</div>	<div>9:00a-11:00a Bihl Haus-Beginning Drawing-Liz(AR)</div>	<div>9:30a-11:00a Urban 15 -A Bailar-(Gym)</div>
<div>12:00p-1:30p Crochet/Knitting -Maria (AR)</div> <div>Mostly Spanish.</div>	<div>9:00a-11:00a available: 10/14, 10/28, Medicare Assist. Info/ Table (Hallway)</div>	<div>10:30a-11:15a YWCA Yo-Chi -Nora(Gym)</div>	<div>9:00a-11:00a OASIS Computer Class (Check Flyer for Topics)-William (CR)</div>	<div>9:30a-10:00a How to Use Fitness Equipment (ask at front desk)</div>
<div>12:30p-1:30p YMCA -Zumba Gold - Robyn (Gym)</div>	<div>10:00a-11:00a YMCA - Yoga- Erma (Gym)</div>	<div>11:30a-12:30p Wednesdays Walkabout-(Gym)</div>	<div>10:00a-11:00a YMCA-SS Classic - Natalie (Gym)</div>	<div>12:00p-1:30p Friday Fun Day in The Gym Day</div>
<div>Technology Class - OATS-(English)</div> <div>1:30p-2:30p Rolona-(CR)</div> <div>12/1-A.I. Series #6</div> <div>12/8-A.I. Series #8</div> <div>12/15-Class Cancelled</div> <div>12/22- Google Gemini</div>	<div>11:00a-12:00p Basketball Free Play</div>	<div>12:00p-2:00p Chair Volleyball-Beginners only(Gym)</div>	<div>11:00a-12:00p Basketball Free Play</div>	<div>1:00p-3:00p Monthly Movie (DR)</div>
<div>KARAOKE -Art A (DR)</div>	<div>12:00p-2:00p KARAOKE -Art A (DR)</div>	<div>1:00p-3:00p Bihl Haus-Beginning Painting-Liz(AR)</div>	<div>12:00p-1:30p Seniors in Play (AR)</div>	<div>MOVIE TIME: "Jingle All The Way" 1996</div>
<div>12:00p-2:00p Chair Volleyball-Beginners only-(Gym)</div>	<div>12:00p-2:00p Chair Volleyball-Beginners only-(Gym)</div>	<div>Technology Class OATS-(English)</div> <div>1:30p-2:30p-Rolona-(CR)</div> <div>12/3-A.I. Series #7</div> <div>12/10-A.I. Series #9</div> <div>12/17-A.I.Series #10 and Graduation</div>	<div>1:00p-3:00p OASIS Computer Class (Check Flyer for Topics)-William (CR)</div>	<div>SCHWARZENEGGER Jingle All the Way</div>



WELCOME TO ROBINETTE SENIOR CENTER!

All BexarCountyResident Seniors60+
are eligible to register to be a member.
Membership is free!

Senior Center Hours

Monday-Thursday:
7:00am-8:00pm
Friday:
7:00am-4:00pm



LUNCH TIME!

H.E.A.L. PROGRAM

(HealthyEating, Aging,Living)

Join us for a healthy lunch with friends or meet new ones.

LunchTicketDistribution - 8:30am-11:00am(oruntil
tickets runout).

Lunch is served from 11:00am-12:00pm (while supplies last.)

Lunch is on a first come, first served basis. So come early.

Senior lunch time, during Summer YouthProgram,
will change from 12:00pm—1:00pm.

*NOTE: Meals Cannot be Taken Out of Dining Room.
This includes milk and juice!

Meal Program Requirement: Members Must attend one 15
minute Nutrition Education Class each year.

NEW
MEMBER ORIENTATION
(CHECK CALENDAR FOR TIMES)

MOREACTIVITIES!
MORE HOURS!
Senior Services

ExtendedHoursProgram
4pm -8pm.

Remember to sign in after 4pm at Computer
Kiosk even if you signed in before 4pm.

Fitness Area and Classes

Please wear appropriate workout attire (i.e.
sneakers, gym pants/shorts, etc.)
No jeans No Sandals

Only water bottles allowed. Fitness Equip-
ment Orientation Fridays at 9:30am to
10:00am.



Health Screenings

w/ Nurse Marivel LVN

Monday, Tuesday, Friday

OfficeHours: 8am-3:30pm

(closed for1 hr lunch)

BloodPressure *Blood Sugar*
Weight/BMI (body mass index)

*Shuttle Bus reservations should be made no later than
3:30pm Tuesday, prior to the week for pick up service.
See front desk for assistance*



RULES of CONDUCT

1. Participant should not use language or behave in an obscene, abusive,hostile, insulting, harmful, or disrespectful manner towards Center staff, volunteers, guests or other participants. This includes engaging in physical contact that is unsolicited or without consent, including kissing or touching.
2. Participant should not harass or discriminate on the basis of race, color, religion, national origin, sex, sexual ori-entation, gender identity, veteran status, age, or disability.
3. Participant should not gamble for money, panhandle, sell products, or smoke (which includes vaping and e-cigarette products) at the Center or grounds.
4. Participant should not bring illegal drugs or alcoholic beverages into the Center, or be under the influence.
5. Participant should not bring or consume food or beverages in the computer labs.
6. Participant should not attend the Center if suffering from a contagious illness that may be transmitted to staff, volunteers, guests or other participants.
7. Participant should not use the Center to store personal property or as a place to receive deliveries or mail.
8. Participants should not steal, destroy or damage property in the Center.
9. Only drinks with tops are allowed outside of the Dining Room.
10. Hot Meals, as well as juice or milk, are not allowed to be taken home; they must be consumed during lunch hour in the Dining Room.

HAPPY
HANUKKAH



MERRY
CHRISTMAS



HAPPY
KWANZAA

IMPORTANT CENTER DATES and THINGS to REMEMBER

Please remember to bring your Membership Card at all times to

CHECK-IN at the FRONT DESK. You will also need your Membership Card to
check-in for lunch in the Dining Room. Hot Meals Cannot beTAKEN OUT of
Dining Room. This includes juice and milk.

EARLY CLOSURE AT 2:30pm every fourth Friday of the Month!

Seniors in Play "Showcase" Dec. 4th 12:00pm-1:00pm

UTSA Cookbook Holiday Edition Dec. 6th 12:00pm -2:00pm

Fresh Produce Market Dec. 9th 9:30am -12:00pm

Rumikub Mini Holiday Tourney (Robinette Members Only) Dec. 11th 9:00am-10:30am

Robin Roost Store Dec. 17th 10:00am-10:30am

Parks and Recreation Hoilday Camp (Youth) on Dec. 22th-23rd and Jan. 2nd-5th SENIORS EAT At 12:00PM

Robinette Holiday Breakfast, Music and Sing-a-long (Karaoke Style) Dec. 19th 9:30am-10:30am

Selfies with Santa Visit! Dec. 23rd 10:00am-11:00am



















Please Remember to READ important Information for each Field Trip in October before sign-up!



December

Evening Calendar

Robinette Senior
Center 1423 S. Ellison
Dr. Bldg 2 San
Antonio, TX. 78245
210-207-3260
Evening Hours 4-8PM

Monday	Tuesday	Wednesday	Thursday
<div>1</div> <div>SILVER AND FIT (CIRCUIT STYLE) YMCA (GYM) 4-5PM</div> <div>ZUMBA (DR) 6:30-7:30PM (PARKS)</div>	<div>2</div> <div>Tech Class/Oats Safe Online Shopping Series -Elizabeth 4-5pm (CR)</div> <div></div> <div>Arts & Crafts 5-6pm (AR)</div>	<div>3</div> <div>Tech Class/Oats Safe Online Shopping Series -Elizabeth 4-5pm (CR)</div> <div>Bingo 5-6pm (DR)</div> <div></div> <div>YOGA Sculpt 6:30-7:30 pm (Parks) (Gym)</div>	<div>4</div> <div>Line Dancing (GYM) YMCA-Jane 4pm- 5pm</div> <div></div> <div>Loteria 5-6pm (DR)</div>
<div>8</div> <div>SILVER AND FIT (CIRCUIT STYLE) YMCA (GYM) 4-5PM</div> <div>ZUMBA (DR) 6:30-7:30PM (PARKS)</div>	<div>9</div> <div></div> <div>Games</div>	<div>10</div> <div>Tech Class/Oats Safe Online Shopping Series -Elizabeth 4-5pm (CR)</div> <div>Loteria 5-6pm (DR)</div> <div></div> <div>YOGA Sculpt 6:30-7:30 pm (Parks) (Gym)</div>	<div>11</div> <div>Line Dancing (GYM) YMCA-Jane 4pm- 5pm</div> <div>Bingo 5-6pm</div>
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<div>22</div> <div>SILVER AND FIT (CIRCUIT STYLE) YMCA (GYM) 4-5PM</div> <div>ZUMBA (DR) 6:30-7:30PM (PARKS)</div>	<div>23</div> <div></div> <div>Games</div>	<div>24</div> <div></div> <div>CLOSED</div>	<div>25</div> <div></div> <div>CLOSED</div>
<div>29</div> <div></div> <div>CLOSED</div>	<div>30</div> <div></div>	<div>31</div> <div></div>	<div>1</div> <div></div>

