



**METROPOLITAN  
HEALTH DISTRICT**

# UNLOCKED

**Unlocking Resources,  
Empowering New Beginnings**



## Who we are

A team of Community Health Workers (CHWs) from Metro Health that will help you get the support you need after release.

## Contact us if you

- Were released in the last 3 months from Bexar County Detention Center
- Have medical or social service needs



## Resources we can help you UNLOCK



Medical/  
Healthcare



Food



Clothing/  
Household  
items



Shelter/Housing/  
Showers



Employment



Education



Insurance



Mental Health/  
Substance use/  
abuse



Treatment  
Facility



Government  
Document/  
ID/Legal



Childcare/  
Parenting



Transportation



Veteran

210-207-4759

UNLOCKEDSA@SANANTONIO.GOV