

DOXY PEP

Doxycycline Post-Exposure Prophylaxis (DoxyPEP) is a form of STI chemoprophylaxis in which the antibiotic doxycycline is taken within 24-72 hours of condomless sex, to reduce syphilis and chlamydia infections by >70% and gonococcal infections by approximately 50%.



WHO QUALIFIES?

CDC recommends that **men who have sex with men (MSM)** and **transgender women (TGW)** who have **had a bacterial STI** (specifically syphilis, chlamydia, or gonorrhea) **diagnosed in the past 12 months** should receive counseling that doxy PEP can be used as post exposure prophylaxis to prevent these infections.

DOSING

Providers should write the prescription for self-administration of the recommended dose of **200 mg of doxycycline** (any formulation) to be taken as soon as possible **within 72 hours after having condomless oral, vaginal, or anal sex** (maximum dose of 200 mg every 24 hours)

FOLLOW - UP

Follow up every **3-6 months** should include:

- Ongoing need for doxy PEP should be assessed
- Bacterial STI testing at anatomic sites of exposure & at baseline
- HIV screening for HIV NEG MSM and TGW should be performed according to current recommendations

WANT TO LEARN MORE?

Set up a session with your clinician ambassadors using our QR code.

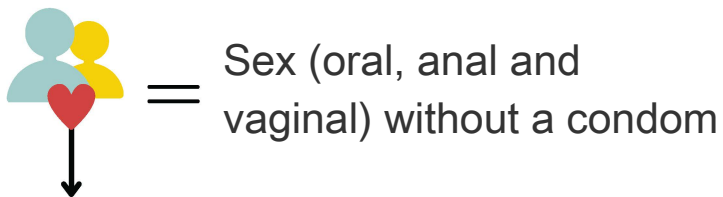
SCAN



**METROPOLITAN
HEALTH DISTRICT**

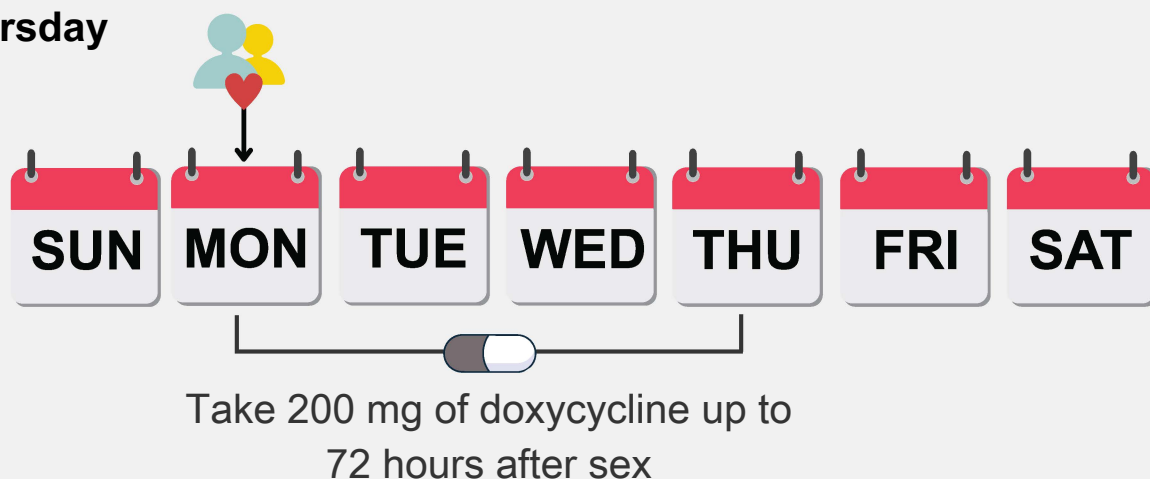
HOW TO TAKE DOXY PEP

Take 200 mg of doxycycline ideally **within 24 hours but no later than 72 hours** after condomless oral, anal or vaginal sex.

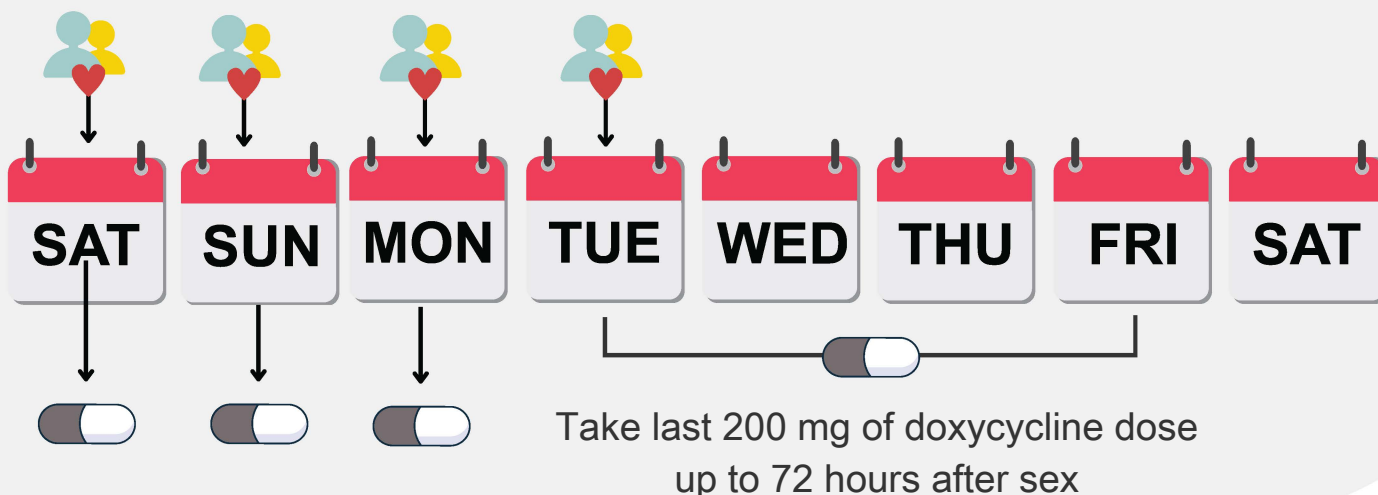


No more than 200 mg every 24 hours

Sex on Monday = Take Doxy PEP dose (200 mg of doxycycline) by Thursday



Daily (or more) sex, for example: Saturday - Tuesday = Take 200mg of doxycycline once each day of sexual activity and one dose 24-72 hours after the last activity



**METROPOLITAN
HEALTH DISTRICT**