

# Caring for SA's Health & Safety

Metro Health's Community Health & Safety Division works with the community to support self-sufficiency, improve wellness, increase access to resources, grow self-worth and achieve community resilience.



## WHAT WE DO MATTERS



Asthma cost residents **almost \$37.3 million in hospital fees** in Bexar County (2017). The rate of asthma hospitalization is **almost 5x higher in children than in adults**.



Bexar County had the **highest infant mortality amongst all Texas Counties** with more than 10,000 live births (2016).



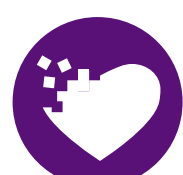
**23% of Bexar County children** (under 18) live in poverty...



...while also affecting **16% of the total county** population



**Suicide is the second leading cause of death and homicide is the third** among 15-24 year old individuals in Bexar County.



**1 in 3 women** in Texas experience domestic violence. **1 in 4 children** witnesses domestic violence in their home.



**Highest rates of diabetes hospitalization** occur in zip codes in San Antonio with the **highest levels of poverty**.



Overall, residents in the north of Bexar County tend **to live 20 years longer** than residents living in the south (2016).



**Less than 1 in 10 US children and adults** eat the recommended daily amount of vegetables.

## STRATEGIC SOLUTIONS TO PREVENT DISEASES AND PROMOTE HEALTH AND SAFETY

### Chronic Disease Prevention

This section works to prevent chronic diseases by promoting good nutrition, regular physical activity, and a healthy lifestyle. Through programs such as Healthy Neighborhoods, Diabetes Prevention & Management, Por Vida, SA Kids Breathe (Asthma), and the Mayor's Fitness Council, among others, the team works to address inequities in chronic diseases, including diabetes and asthma.

### Maternal & Child Health

The health of mothers, babies and children is critical in addressing overall community health. WIC, Healthy Start, Oral Health and Project Worth are the programs in this section working to prevent illness and harm by working with families and youth to improve developmental and family health outcomes, with special attention to improving health equity and overcoming gaps associated with race, ethnicity and other social factors.

### Violence Prevention

This section utilizes a public health approach to reduce violence in the community. Metro Health supports people experiencing violence today through direct intervention, case management services and therapy. It also works to prevent violence tomorrow by addressing the root causes of violence through programs that support parents, teach young adults healthy relationship behaviors, and support policies that reduce poverty, increase educational resources, and addresses gun violence.

## STRATEGIC SOLUTIONS TO PREVENT DISEASES AND PROMOTE HEALTH AND SAFETY



210-207-7061



210-207-2722



Eat well, feel great. \* Come bien, siéntete bien.

210-207-2722



210-207-8802



210-207-7282



210-207-2174



210-857-5378



210-207-4650

Lactation Support Center



210-207-7138



210-207-4725



210-207-8841



210-207-8850



210-207-8844



210-733-8810



210-207-4677



210-207-4679