

# Discussion on American Rescue Plan Act (ARPA) Unallocated Funds to Address Mental Health



Presented by: Claude A. Jacob, Health Director

Public Safety Committee  
February 21, 2023

# Today's Meeting



- A total of \$4.6 million is available for mental health from ARPA funds
- Public Safety Committee will discuss priorities for allocation of funds that will address the negative impacts of COVID-19 on mental Health
- Priorities from Public Safety Committee will drive competitive process for agencies to provide services

# Presentation Outline



- **Overview of mental health investments funded with ARPA**
- **Potential Investment priorities for discussion**
- **Next Steps**





# Mental Health Investments with ARPA Funds

## Background - Continued

- \$26 million allocated in February 2022
- Public Safety Committee led the development of implementation plan focusing on:

Youth	Older Adults	Homeless	Collaboration
<ul style="list-style-type: none"> <li>• Access to Mental Health</li> <li>• Project Worth &amp; Stand Up SA</li> <li>• Diagnostic Services for IDD</li> </ul>	<ul style="list-style-type: none"> <li>• Navigation Programs</li> <li>• Social Interaction</li> <li>• Caregiver program</li> </ul>	<ul style="list-style-type: none"> <li>• Veterans</li> <li>• Youth aging out of the foster care</li> </ul>	<ul style="list-style-type: none"> <li>• Framework for upstream systems</li> <li>• Education campaign/ 988 hotline</li> </ul>



# Mental Health Investments with ARPA Funds

## Background

- Of the \$26 million, \$22.75 million went through a competitive process and \$19.35 million was awarded in February 2023

Category	RFP Amount	Awarded	Balance
Youth	\$14.25	\$14.25	
Older Adults	2.50	2.50	
Homeless (Veterans & Foster Youth)	5.0	2.6	\$2.4
Collaboration	1.0		1.0
<b>Total (\$ in Million)</b>	<b>\$22.75</b>	<b>\$19.35</b>	<b>\$3.4</b>

- On February 15, 2023, the Governance Committed added \$1.2 million in additional ARPA funds to mental health for a total of **\$4.6 Million**

# Additional COVID-19 Impact Areas to Consider



## Foster Care and At-Risk Youth

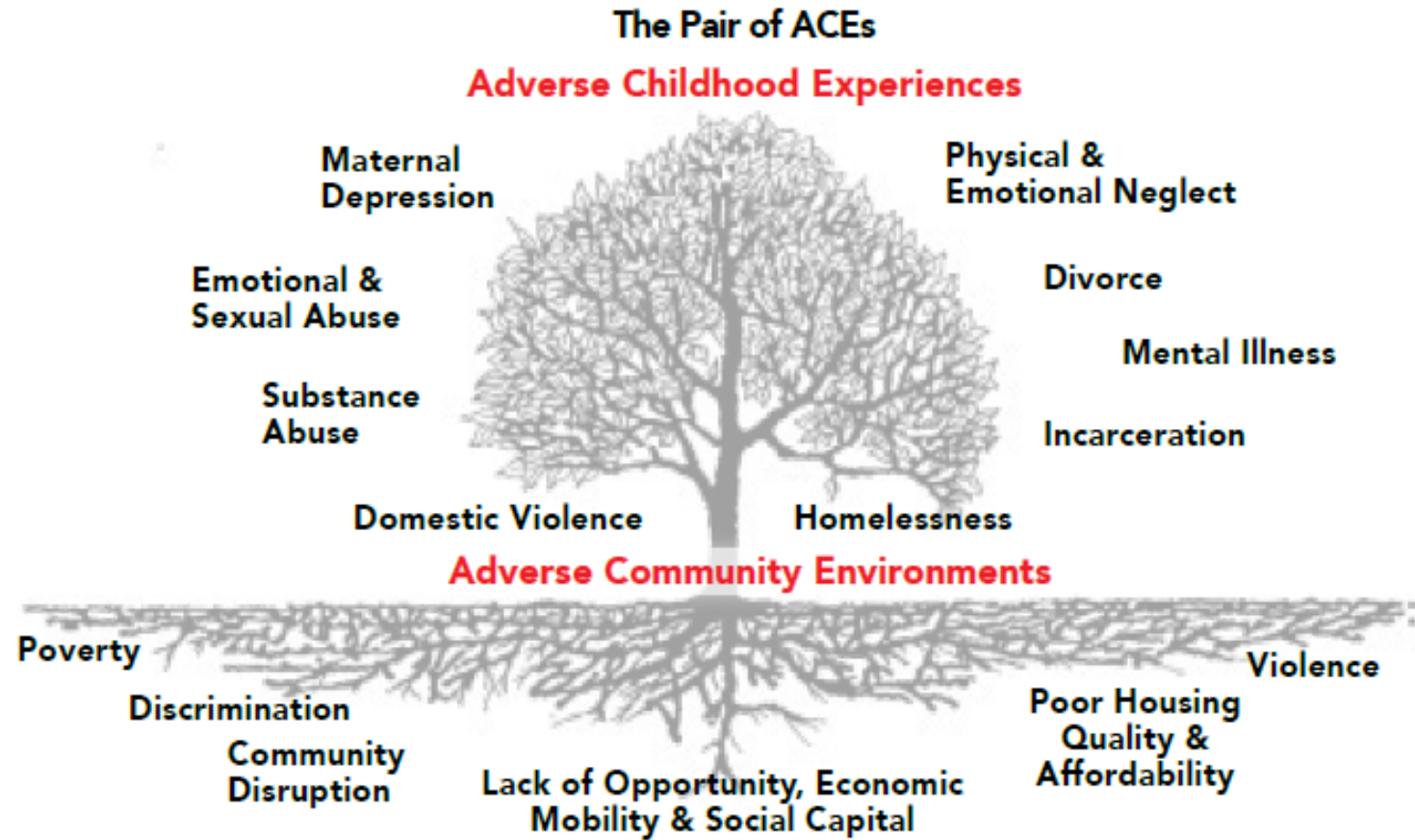
State of Texas reported that the rate of suicide for youth in foster care doubled from 2020 to 2021

## Family Violence

SAPD call volume data show that family violence calls increased by 15.7% from 2019 to 2021

## Substance Use

SAFD-EMS data shows that toxic ingestions suspected from opioids increased by 27.4% from 2019 to 2022



Ellis, W., Dietz, W.H., Chen, K.D. (2022). Community Resilience: A Dynamic Model for Public Health 3.0. *Journal of Public Health Management and Practice*, (28)1, S18-S26. doi: 10.1097/PHH.0000000000001413

# Potential Implementation Plan for discussion and input



COVID-19 Impact Area	Strategy/Program	Total
Address increased mental health needs of youth aging out of foster care and at-risk youth	Wrap around services-housing, employment, access to resources	<b>\$3.0</b>
	Mental health services	
Address increased 911 calls for family violence	Navigation services	<b>\$1.0</b>
	Legal services	
	Mental health services for families	
Address increased substance use and overdoses (Harm Reduction)	Increase access to Narcan	<b>\$0.6</b>
	Substance use treatment	
<b>Total in Millions</b>		<b>\$4.6</b>

# COVID-19 Impact Area: Address increased mental health needs of youth aging out of foster care and at-risk youth



## Recommended Services

- Wrap around services to support foster care and at-risk youth in:
  - ⇒ Education
  - ⇒ Employment
  - ⇒ Housing
  - ⇒ Access to Resources
- Mental health services

## Equitable Outcomes

- Increased support in education
- Increased access to employment
- Increased housing stability
- Increased knowledge of resources
- Decreased depression
- Increased wellbeing

## Metrics

- # of unduplicated youth served
- % of youth served 4 or more times
- % of youth with improved academic performance
- % of youth employed
- % of youth with sustained stable housing
- % of youth reporting improvement in mental health



# COVID-19 Impact Area: Address increased 911 calls for family violence



## Recommended Services

- Navigation programs to support families
  - ⇒ Employment
  - ⇒ Housing
  - ⇒ Access to Resources
- Affordable legal services
- Mental health services for families

## Equitable Outcomes

- Increased access to employment
- Increased housing stability
- Increased knowledge of resources
- Increased access to legal services
- Increased wellbeing

## Metrics

- # of unduplicated youth served
- # of unduplicated adults served
- % of individuals employed
- % of individuals with sustained stable housing
- # of individuals accessing legal services
- % of individuals reporting improvement in mental health

# COVID-19 Impact Area: Address increased substance use and overdoses



## Recommended Services

- Pilot program for Narcan dispensers
- Substance use treatment services for individuals with recent overdose

## Equitable Outcomes

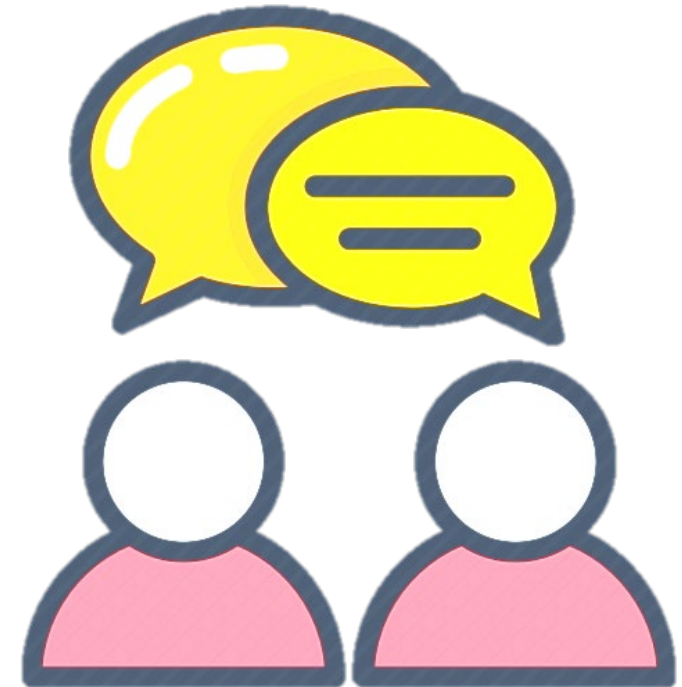
- Increased access to Narcan
- Increased bystander training
- Increased access to substance use treatment
- Decreased risk of overdose deaths
- Decreased substance use
- Increased wellbeing

## Metrics

- # of Narcan Dispensers
- # of Narcan doses accessed
- # of individuals completed bystander training
- # of individuals with recent overdose served in treatment
- % of individuals served 4 or more times
- % of individuals reporting decrease in substance use and increase in wellbeing

# Next Steps

- Public Safety Committee finalizes priorities
- Brief City Council on priorities
- Begin competitive process (RPF)
  - Eligible organizations
    - Nonprofit Organizations (501 (c)3)
    - Faith-Based Organizations
    - Public Entities (non-COSA)
    - Not received ARPA funds previously
  - Scoring: Programs will be scored based on experience/background/qualifications, proposed plan, and budget
  - Programs will be funded for 2-year contracts with no renewal





# **METROPOLITAN HEALTH DISTRICT**

**Thank You!**