

## **Spending Categories**

City Council Committee	Spending Category	Amount (In Millions)	
Community Health, Environment and Culture	Arts	\$ 5.0	
	Seniors	5.0	
	Non-Profit Social Services	4.0	
Economic and Workforce Development	Small Business	30.9	
	Youth	10.0	
	Digital Inclusion/Literacy	6.9	
Public Safety	Mental Health	26.0	
	Total	\$ 87.8	

#### **General Guidelines**

#### **ARPA Fiscal Recovery Funds**

- Provide support to those impacted by the pandemic
- Address longstanding health & economic disparities
- Builds strong, resilient, and equitable recovery by making investments that support long-term growth and opportunity



## ARPA Guidelines: Expenditure Categories

COSA Spending Framework Category	ARPA: Negative Economic Impact Expenditure Category
1. Mental Health	Public Health
2. Non-Profits	Assistance to Non-Profits
3. Arts	Aid to impacted Industries
<ul><li>4. Youth</li><li>5. Seniors</li></ul>	Other services to disproportionally impacted communities
6. Digital Inclusion/Literacy	Assistance to Households
7. Small Business	Assistance to Small Business

4/19/2022

### Develop a Plan



Council Committee provides policy direction to City staff to develop a plan that:

- 1. Identifies a COVID-19 impact
- Includes programs/ strategies that will benefit community members affected by the impact identified in Step 1
- 3. Defines desired equitable outcomes with metrics to measure those outcomes
- 4. Provides a not-to-exceed, 4-year implementation plan

### Plan Components

COVID-19 Impact	Program/Strategies	Equitable Outcomes	Performance Indicators	Amount

### **Next Steps**







Plans approved by City Council in the fall of 2022



City Staff begins implementation of plans



by Dec. 2024 & spent by Sept. 2026



# American Rescue Plan Act (ARPA) Mental Health

Public Safety Committee

April 19, 2022

Presented by: Maria Villagómez, Deputy City Manager

#### **Presentation Overview**



- Today's presentation:
  - Provides an overview of current City of San Antonio investments in Mental Health Initiatives
  - Requests Public Safety feedback on investment priorities for Mental Health
  - Feedback will be used to develop a proposed plan



#### **Impact of Mental Health**

- 1 in 5 adults experience mental illness each year
- 1 in 25 adults experience serious mental illness each year
- 50% of mental illness begins by age 14 and 75% by age 24
- 25% of prisoners in the local jail have a mental health illness
- 20-25% of the homeless population have a mental illness
- There has been a 51% increase in suicide attempts by young people during the pandemic

#### Source:

- US Department of Health and Human Services Substance Abuse and Mental Health Services Administration(samhsa.gov)
- National Library of Medicine (ncbi.nlm.nih.gov)



#### **COVID-19 and Mental Health**

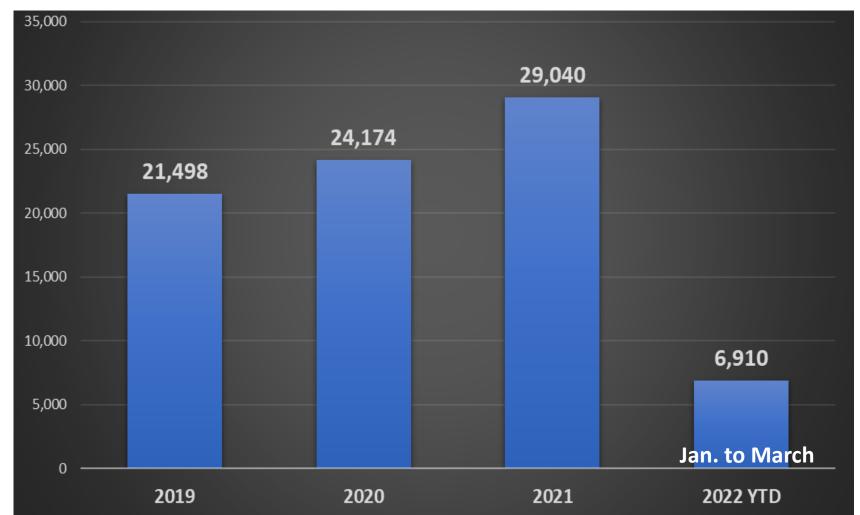
- The number of people experiencing mental health challenges has grown significantly, illustrating further implications from the on-going COVID-19 pandemic
- According to the 2021 <u>State of Mental Health in America</u> report, there has been a 1.5 million increase of people in the U.S. living with a mental health condition— bringing the overall number to 19% or 47.1 million of people nationwide
- Additionally, a new <u>Commonwealth Fund report</u> cites provisional data reflecting a new high in drug overdose deaths.

Source: National League of Cities

By: Sue Polis, Stephanie Martinez-Ruckman, Anne Li

## SAPD 911 Mental Health Calls Statistics (##





- 911 Mental health calls increased
   12.4% in 2020
   compared to 2019
- 911 Mental health calls increased
   20.1% in 2021
   compared to 2020



#### **ARPA City of San Antonio Spending Framework**



- The Spending Framework approved by City Council on February 3<sup>rd</sup> allocated 26 million to Mental Health
- This funding provides for opportunities and considerations for San Antonio:
  - Leveraging resources by blending and braiding various sources of funding beyond the City of San Antonio
  - Partnerships are key, COSA is not the only player
  - Coordination is imperative as individuals facing mental health challenges do not find it easy to navigate treatments and resources available



## SA Forward



**Access to Care** 



**Food Insecurity** & Nutrition



**Healthy Equity & Social Justice** 



**Mental Health** 



**Technology &** Infrastructure



Violence Prevention

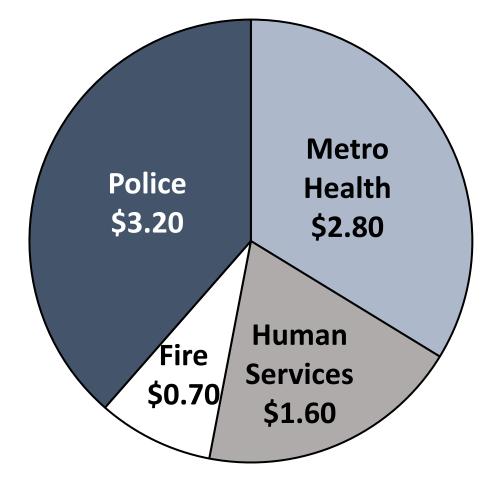


#### Mental Health Investments City's FY 2022 Budget - \$8.3 Million

#### **Funding Sources**

Source	Amount (\$ in Millions)
General Fund	\$3.3
Federal Grants	4.5
STRAC Grant	0.5
Total	\$8.3

#### **Departments**





#### Mental Health Initiatives City's FY 2022 Budget - \$8.3 Million

Cognitive
Behavioral Therapy
for Children and
Youth

\$1.3 Million Metro Health

Integrated
Treatment Program
at
Heaven for Hope
\$0.9 Million

**Human Services** 

Center for Excellence in Trauma Informed Care

\$0.49 Million Metro Health

Mental Health
Services for
Homeless Outreach
& Grief Counseling
\$0.42 Million
Human Services

Project Worth Teen Ambassador Program

\$0.17 Million Metro Health

Program for Intensive Care Coordination (PICC)

\$0.54 Million Fire & Police

SACORE Multidisciplinary Team

\$1.7 Million

Metro Health, Fire &

Police

**Mental Health Unit** 

\$2.83 Million
Police & Human
Services



#### **Preliminary Feedback**

- Expand pre-crisis services
- Direct 911 calls to appropriate level of care
- Access to Care and additional beds
- Youth Suicide Prevention
- Children, Adults, and Senior Mental Health



#### **ARPA Mental Health Plan Development**

Council Committee provides policy direction to City staff to develop a plan that:



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## Plan Components: For Discussion

COVID-19 Impact	Program/ Strategies	Equitable Outcomes	Performanc e Indicators	Amount
Increase on mental health crisis as evidenced by the increase in 911 calls	<ul> <li>Direct 911 Calls to the appropriate level of care</li> <li>Provide a number or option within 911 system where San Antonians can call when experiencing a mental health crisis</li> </ul>			
Increased prevalence of anxiety & depressive disorder	<ul> <li>Community/Pre-Crisis services that focus on reducing Stigma, increasing Access to care, and expanding Treatment options</li> <li>Increase access to treatment for mental health and substance use disorders for children and adults</li> <li>Cognitive Behavioral Therapy for children and youth</li> </ul>			
Increased social isolation, self harm & suicide among youth	<ul> <li>Increase access to treatment for mental health and substance use disorders for youth</li> <li>Project Worth Student Ambassador Program</li> </ul>			12

#### **Preliminary Timeline**



Public Safety Committee Meeting Policy Direction

#### May 2022

Public Safety Committee Meeting
Staff Presents Draft
programs/strategies with outcomes
and metrics for Committee's input

#### **June 2022**

Public Safety Committee Meeting Staff presents Draft Plan for Committee's input

#### **August/September 2022**

Public Safety Committee Meeting
Committee approves
recommended plan
City Council "A" Session
City Council approves plan





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