



# American Rescue Plan Act (ARPA) State & Local Fiscal Recovery Funds Mental Health

City Council "A" Session

September 1, 2022

Presented by: Maria Villagómez, Deputy City Manager

# Presentation Overview



- Today's action recommends approval of an implementation plan for the use of ARPA: State and Local Fiscal Recovery Funds for Mental Health
- Public Safety Committee recommends this plan
- Next Steps and Request for Proposal (RFP) Process

# Mental Health Plan Development

1

Identify  
COVID-19  
Impact



2

Programs/  
strategies  
benefiting  
community  
members  
affected by  
impact



3

Desired  
Outcomes  
& Metrics

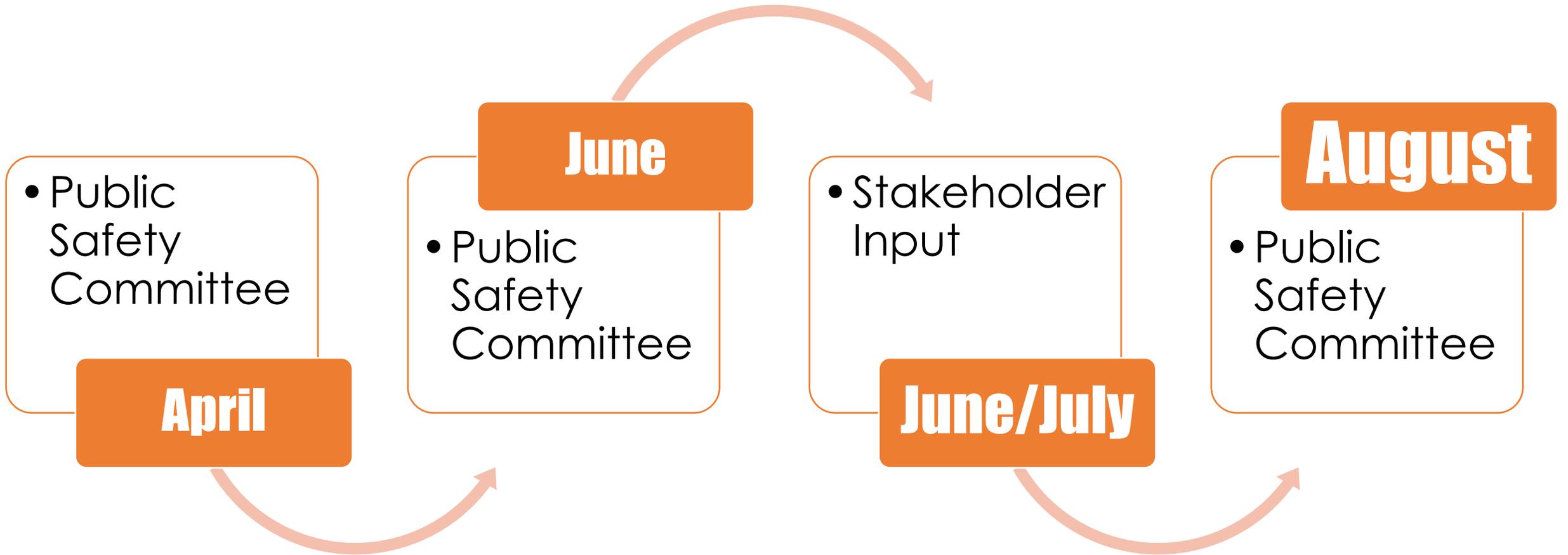


4

Two Year  
Plan  
2023 & 2024



# IMPLEMENTATION PLAN DEVELOPMENT



# Recommended Mental Health Implementation Plan

|                          | Strategy/Program                         | City Programs          | Competitive Process (RFP) | Total (In Millions) |
|--------------------------|--|------------------------|---------------------------|---------------------|
| <b>Youth</b>             | Access to Mental Health                  |                        | \$12.75                   | <b>\$15.0</b>       |
|                          | Project Worth and Stand Up SA            | \$0.75                 |                           |                     |
|                          | Diagnostic Services                      |                        | \$1.5                     |                     |
| <b>Older Adults</b>      | Navigation Programs                      |                        | \$0.5                     | <b>\$5.0</b>        |
|                          | Social Interaction                       | \$2.5                  | \$1.7                     |                     |
|                          | Caregiver Program                        |                        | \$0.3                     |                     |
| <b>Homeless</b>          | Chronic and Unsheltered Veteran Homeless |                        | \$1.0                     | <b>\$5.0</b>        |
|                          | Youth Aging Out of Foster System         |                        | \$4.0                     |                     |
| <b>Collaboration</b>     | Framework for upstream systems           | In-Kind – Metro Health |                           | <b>\$1.0</b>        |
|                          | Education campaign/ 988 hotline          |                        | \$1.0                     |                     |
| <b>Total in Millions</b> |  | <b>\$3.25</b>          | <b>\$22.75</b>            | <b>\$26.0</b>       |

# Recommended Mental Health Plan

## Youth - \$15 Million

**Three Strategies** to address increased social isolation, anxiety, and depression

1. Expand Mental Health Service Access for Youth ages 12 to 19
  - Target: Census tracts with high concentration of
    - Mental Health Hospitalizations
    - 911 Calls
    - Equity Atlas Score 6 and Higher
2. Expand Metro Health Project Worth Teen Ambassador and Stand Up SA Programs for youth ages 12 to 19
3. Diagnostic Services and Family Plan Development for children up to the age of 6
  - Target: Census tracts with equity atlas score of 6 and higher

# Recommended Mental Health Plan

## Older Adults - \$5 Million

**Three Strategies** to address increased social isolation, anxiety, and depression

1. Expand Navigation Programs
2. Increase social interaction activities and programs
  - Expand opening hours at City Comprehensive Senior Centers (Pilot Program)
3. Caregiver Program Services and Coaching
  - Target: Census tracts with equity atlas score of 6 and higher

# Recommended Mental Health Plan

Homeless - \$5 Million

**Two Strategies** to address increased homeless population with mental health and substance abuse issues

1. Connect Chronic and Unsheltered Veteran Homeless to Mental Health, Substance Abuse, and Housing Resources
2. Outreach and Services to Youth Aging Out of the Foster Care System

# Recommended Mental Health Plan

Collaboration - \$1 Million

**Four Strategies** to address behavioral health programs in Bexar County where COVID-19 has exacerbated existing conditions

Collaborate with partners to:

1. Establish a framework to serve and align upstream systems and organizations
2. Recommend/Identify a central phone number to respond to pre-crisis calls from individuals needing support and navigation
3. Public Education Campaign to address mental health stigma
4. Evaluate recently deployed 988 line for mental health

# Eligibility & Scoring

- Eligibility
  - Nonprofit Organizations (501 (c) 3)
  - Faith-Based Organizations
  - Public Entities (non-COSA)
  - Minimum of 2 years in operation
  - Demonstrate disproportionate COVID-19 impact
- Scoring Criteria
  - 30 Points: Experience Background and Qualifications
  - 40 Points: Proposed Plan
  - 20 Points: Budget
  - 10 Points: Evaluation, Innovation, and/or Continuity of Effective Programming



# Request for Proposal Timeline



- Joint RFP Process: Human Services and Metro Health
  - Mental Health
  - Seniors
  - Non-Profit Social Services
  - Youth



Staff recommends approval  
of Proposed Implementation Plan



# American Rescue Plan Act (ARPA) State & Local Fiscal Recovery Funds Mental Health

**City Council “A” Session**

September 1, 2022

Presented by: Maria Villagómez, Deputy City Manager



## **Mental Health – Recommended Implementation Plan For the use of ARPA State and Local Fiscal Recovery Funds**

### **Background**

On March 11, 2021, Congress signed into law the American Rescue Plan Act (ARPA) which included resources to support local government's response to and recovery from the COVID-19 pandemic. The City of San Antonio was awarded \$326.9 million in State and local Fiscal Recovery Funds. As part of the FY 2022 Budget process, City Council approved \$97.5 million to support the city budget and address community needs. On November 18, 2021, Council approved an additional \$30.0 million for utility assistance. The remaining \$199.4 million remained unallocated and was intended to be awarded following a community engagement process that began in the fall of 2021.

On January 26, 2022 staff presented a recommended spending framework reflecting Community and City Council input. The final spending framework was approved by City Council on February 3, 2022. The approved spending framework included \$26 million recommended for programmatic funding dedicated to support residents with mental health stressors exacerbated by the COVID-19 pandemic.

Through a comprehensive plan, San Antonio Metro Health District will manage investments for organizations in the amount of \$26 million through a competitive process. This document outlines the implementation plan.

### **Eligibility**

#### **Eligible Organizations**

- Nonprofit organizations (501 (c) 3)
- Faith-Based organizations
- Public Entities (including non-COSA government agencies)

#### **Additional Information on Eligibility**

- Must have been in existence and actively producing programs that are open to the public in the City of San Antonio for a minimum of two years
- Must demonstrate agency and/or residents served have been disproportionately impacted by the COVID-19 Pandemic
- Additional points will be awarded for agencies who partner with agencies that have not been in existence for a minimum of two years

### **Program Funding and Competitive Process**

The total allocation to the Mental Health Spending Category is \$26 Million. The Implementation Plan proposes to allocate \$23 Million through a competitive process to eligible organizations to assist the City in delivering the services recommended within the plan.

The Metro Health Department is proposing to award mental health investments to support access to programs that directly benefit Youth, Seniors and Homeless individuals through a competitive Request for Proposal (RFP) process for distribution of investments for nonprofit and social services organizations.

#### **Awards:**

- Minimum of \$100,000 over two-year contract term

## Targeted Populations

### Youth

The Proposed Implementation Plan proposes three strategies to address the increased social isolation, anxiety, and depression experienced by youth by:

- Expanding access to mental health services for children and youth ages 12 to 19
  - The City will request responders for innovative ideas to provide services including the use of technology
  - The City will also request in-person services at Parks and Recreation Community Centers, Service Provider Locations, and schools
- Expanding Metro Health Project Worth Teen Ambassador and Expanding Metro Health Stand Up SA
- Providing diagnostic services and individual service family plan development for families of children up to the age of 6 experiencing developmental disorders

The Proposed Implementation Plan proposes services to youth ages 12 to 19 in census tracks where there is a high concentration of:

- Mental Health Hospitalizations
- 911 Calls
- Equity Atlas Score of 6 and above

The Proposed Implementation Plan proposes diagnostic services and individual service family plan development for families of children up to the age of 6 experiencing developmental disorders in census tracks with an Equity Atlas Score of 6 and above.

### Older Adults

The Implementation Plan proposes three strategies to address the increased social isolation, anxiety, and depression experienced by older adults by:

- Expanding navigation programs to connect older adults to mental health resources and referrals
- Increasing interaction activities at City of San Antonio senior centers and extending service hours at comprehensive senior centers
- Increasing social interaction activities at community sites in census tracks with a City Equity Atlas Score of 6 and above
- Offering program services and coaching for loved ones caring for older adults in census tracks with a City Equity Atlas Score of 6 and above

The Proposed Implementation Plan proposes a pilot program to extend hours at the Comprehensive Senior Centers across the City. The current hours are Monday through Friday from 7am to 4pm. The implementation plan proposes a pilot program to extend the hours from 4pm to 7pm Monday through Thursday at these centers for two years. The Senior Center locations are:

| Comprehensive Senior Center | Location                                       | Council District |
|-----------------------------|--|------------------|
| West End Park               | 1226 NW 18th St. 78207                         | 1                |
| District 2 Senior Center    | 1751 S. W.W. White Rd. 78220                   | 2                |
| South Side Lions            | 3303 Pecan Valley Dr. 78210                    | 3                |
| Willie Cortez               | 5512 SW Military Dr. 78242                     | 4                |
| Heritage Park               | Under Construction. To be completed in FY 2023 |                  |
| District 5 Senior Center    | 2701 S. Presa 78210                            | 5                |
| Normoyle                    | 700 Culberson 78211                            |                  |
| Alicia Treviño Lopez        | 8353 Culebra Rd 78251                          | 6                |
| Doris Griffin               | 6157 NW Loop 410 78238                         | 7                |
| Bob Ross                    | 2219 Babcock 78229                             | 8                |
| Walker Ranch                | 835 W. Rhapsody 78216                          | 9                |
| Northeast                   | 4135 Thousand Oaks 78247                       | 10               |

## Stakeholder Engagement

San Antonio Metro Health District held two public input meetings, two provider and stakeholder feedback sessions, one session with school districts, and two sessions with faith leaders from June 23 - July 21, 2022. The purpose of these sessions was to share community and City Council input, gather suggestions on proposed funding priorities and goals, and finalize performance indicators.

### Participating Stakeholders (6/29 and 7/11):

|  |   |  |
|--|---|--|
| Alamo Area Council of Governments            | Family Service Association of San Antonio, Inc. | San Antonio Behavioral Healthcare Hospital |
| All of Us or None, Texas                     | Haven for Hope                                  | San Antonio State Hospital                 |
| Alpha Home                                   | Jewish Family Service                           | Sigma Mental Health Urgent Care            |
| Bexar County Department of Behavioral Health | Laurel Ridge Treatment Center                   | Texas Vista Medical Center                 |
| Bexar County Juvenile Probation              | Lifetime Recovery                               | The San Antonio Clubhouse                  |
| Big Brothers Big Sisters of South Texas      | NAMI San Antonio                                | University Health                          |
| Bridges to Care                              | Providence Place                                | University of Incarnate Word               |
| Center for Health Care Services              | PsychHealth                                     | UT Health San Antonio                      |
| CentroMed                                    | Purple Couch Counseling and Consulting PLLC     | UT Teen Health                             |
| Clarity Child Guidance Center                | Reliable Medical Technology                     | WestCare Foundation/WestCare Texas         |
| Communities In Schools San Antonio           | Roy Maas Youth Alternatives                     | YMCA                                       |
| Ecumenical Center                            | SAMMinistries                                   |  |

### Participating School Districts (6/27):

|                   |                 |                       |
|-------------------|-----------------|-----------------------|
| Alamo Heights ISD | Harlandale ISD  | South San Antonio ISD |
| Comal ISD         | North East ISD  | Southwest ISD         |
| East Central ISD  | Northside ISD   | Region 20             |
| Edgewood ISD      | San Antonio ISD |                       |

## Funding Priority Investments

| COVID – 19 Impact   | Strategy/Programs  | Equitable Outcomes   | Performance Indicators  | Allocation Amount |
|---|--|--|---|-------------------|
| <p style="text-align: center;"><b><u>Youth</u></b><br/>Address the increased social isolation, anxiety, depression, and suicide in school age youth</p> | Expand access to mental health services for children and youth   | Increased access to mental health care for school-aged children and youth ages 12-19               | <p>% of children and youth are able to identify resources for mental health support</p> <p>% of participating children and youth report a decrease in depression, stress, anxiety and/or suicidal ideation</p> <p>% of participating school children report decrease in discipline at school</p> <p>% of participating children and youth report an increase in school attendance</p> | \$12.75 million   |
|   | Expand Project Worth<br>Teen ambassadors<br>Expand Stand Up SA   | Improved positive social/emotional skills and behavior among SA youth 7th-12th grade               | % of participating children and youth report an increase in positive social/emotional skills and behavior   | \$750K            |
|   | Provide diagnostic services and individual service family plan development for families of children experiencing developmental disorders in coordination with school districts | Increased access for children diagnosed with developmental disorders and coordination with Schools | % reduction in waiting list for children of up to the Age of 6 waiting to be diagnosed with a developmental disorder  | \$1.5 million     |

| COVID – 19 Impact  | Strategy/Programs  | Equitable Outcomes   | Performance Indicators  | Allocation Amount |
|--|--|--|---|-------------------|
| <p><b><u>Older Adults</u></b><br/>Address the increased social isolation, anxiety, depression in older adults</p>  | Expand navigation programs to connect older adults to mental health resources and referrals  | Older adults will have increased awareness of existing programs and access to services for individuals experiencing mental health challenges | % of participating older adults report a decreased anxiety and depression due to social isolation                           | \$500K            |
|  | Social interaction activities/programs at senior & community sites and citywide. Expand service hours at City's Comprehensive Senior Centers | Improved quality of life for older adults by mitigating social/emotional issues and isolation  | % increase in participation at City's Comprehensive Senior Centers  | \$4.2 million     |
|  | Caregiver program services and coaching for loved ones caring for older adults   | Improved quality of care provided by caregivers  | % increased caregiver participation in support services to improve quality of caregiving                                    | \$300K            |
| <p><b><u>Homeless</u></b><br/>Address the increased homeless population with mental health and substance abuse</p> | Outreach teams connect chronic and unsheltered veteran homeless population to available mental health, substance use, and housing resources  | Improved access to mental health, substance use, and housing resources for those experiencing homelessness                                   | % chronic veteran homeless connected to federal resources allocated for mental health, substance use, and housing resources | \$1 million       |
|  | Outreach and Services available to Youth aging out of foster care system   | Increased access to services for youth aging out of the foster care system   | % of Youth connected to services and resources  | \$4 million       |

| COVID – 19 Impact   | Strategy/Programs   | Equitable Outcomes   | Performance Indicators  | Allocation Amount          |
|---|---|--|---|----------------------------|
| <p><b>Collaboration</b><br/>Address behavioral health problems in Bexar County where COVID-19 has exacerbated existing conditions</p> | Collaborate with community partners to establish a framework to serve and align upstream systems and organizations  | Improves coordination of services to improve access to community | % organizations engaged in collaboration  | In-Kind Metro Health Staff |
|   | Collaborate with community partners to recommend/Identify a central phone number to respond to pre-crisis calls from individuals needing support and navigation |  | % individuals who call and have needs met   | In-Kind Metro Health Staff |
|   | Collaborate with community partners to develop a public education campaign to address mental health stigma and create hope for those affected by mental illness | Improves coordination of services to improve access to community | % of individuals with increased awareness of how to access mental health services | \$1 Million                |
|   | Collaborate with Bexar County and Center for Health Care Services to evaluate the recent deployed 988 line for mental health calls                              |  |   |                            |

## Request for Proposal Timeline

| DATE               | ACTION ITEM                                 |
|--------------------|---|
| September 1, 2022  | City Council A-Session Briefing             |
| September 6 and 8  | Technical Assistance Workshops              |
| September 9, 2022  | Request for Proposal Opens                  |
| September 16, 2022 | Pre-Submittal Conference                    |
| September 19, 2022 | Last Day/Time for Questions                 |
| October 28, 2022   | Request for Proposal Closes                 |
| November 2022      | Evaluation and Scoring                      |
| December 15, 2022  | City Council A Session – Approval of Awards |
| January 1, 2023    | Contracts Begin                             |

## No Contact Period

In accordance with §2-61 of the City Code, interested applicants are prohibited from communication regarding the Mental Health Services RFP with City Officials and Employees during specific portions of the competitive process. The Department of Human Services, in line with prior competitive RFPs issued is recommending an abbreviated no contact period for City Officials as reflected below.

- **City Employees:** September 9, 2022 until the date proposed awards are approved by City Council.
- **City Officials:** October 28, 2022 until the date the City Manager posts proposed awards for City Council consideration.

## Scoring Criteria

- **Experience Background and Qualifications: 30 Points**
  - Agency experience
  - Financial management
  - History providing mental health services
- **Proposed Plan: 40 Points**
  - Demonstrate disproportionate COVID-19 impacts to organization or residents
  - Alignment with proposed program strategies, outcomes, and performance indicators
  - Identify how support to organizations and residents assists them thrive long-term
  - Community collaboration
  - Partnering with qualifying entities with less than two years of experience
- **Budget and Budget Narrative: 20 Points**
  - Prior receipt of federal COVID-19 funding assistance
  - Leveraged agency resources
  - Capacity building investments
  - Long-term sustainability
- **Evaluation, Innovation, and/or Continuity of Effective Programming: 10 Points**
  - Demonstrate effective programming through evaluation
  - Build on existing programming and infrastructure